

QUANTITATION OF ADRENOCORTICOTROPIC HORMONE (ACTH) USING A NOVEL REAGENT-FREE LCMS ASSAY

And Correlation Study to Clinical Immunoassay

Barry Jones, Associate Director, Biomarker Bioanalysis 16th EBF Open Symposium, 15-17 November 2023

Objectives

- Improve measurement of peptide biomarkers (hormones) to support drug development
- Improve diagnostic tools for ACTH-dependent Cushing's Syndrome
 - Cushing's Disease
 - Ectopic ACTH Syndrome
- Investigate good correlation but poor agreement observed between two immunoassays for ACTH(1-39)
 - Development of a reagent-free multi-dimensional nanoLC-MS/HRMS assay
 - Comparison to a published hybrid IA-LC-MS/MS assay

The Hypothalamic-Pituitary-Adrenal (HPA) Axis: The ACTH Receptor Is Key for Adrenal Activation



AVP: Arginine Vasopressin; CRF: Corticotrophin-Releasing Factor Both AVP and CRF stimulate ACTH secretion by the pituitary

Disruptions in the HPA Axis Lead to Diseases of Excess ACTH and Excess Adrenal Activation



Cause	ACTH-secreting pituitary tumor	Inability to produce cortisol leads to loss of negative feedback & excess ACTH
Symptoms	Central obesity and round face; Dorsal and supraclavicular fat pads; Hypertension; Stretch marks; Bone loss; Hyperglycemia; Psychiatric disturbances	Adrenal insufficiency; Infertility; Hirsutism; Short stature; Precocious puberty; Adrenal rest tumors

CRN04894, ACTH Receptor Antagonist

- CRN04894 is an oral nonpeptide ACTH receptor antagonist
- Reverses ACTH-stimulated glucocorticoid secretion
- Loss of cortisol negative feedback results in healthy volunteer ACTH levels comparable to that seen in disease states
- Generally accepted reference range for ACTH is 10-50 pg/mL*
- In phase 1 study, ACTH was measured using Milliplex map Kit, Human Pituitary Magnetic Bead Panel 1 ("Luminex Assay")

*Cushing's Support and Research Foundation: "Normal Values of Cortisol and ACTH."



CRN04894 an oral, nonpeptide ACTH receptor antagonist reverses ACTH-stimulated glucocorticoid secretion in rodents and humans, Peter J. Trainer, Melissa Fowler, Alan Krasner, et al., Oral Presentation: International Congress of Neuroendocrinology (ICN); 8/10/22

Roche Measures 3.2-Fold Higher than Luminex



- The ACTH results from the Luminex assay appeared low compared to the reference range established with the Roche Elecsys clinical diagnostic assay
- Pooled samples from phase 1 study were assayed using both immunoassay kits and compared

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Issues with Immunoanalytical ACTH assay

- Biotin Interference
- □ Lack of standardization, variability
- Potential interference from ACTH precursors and other POMC-derived fragments



JOURNAL ARTICLE

Biotin Supplementation Creates the Misleading Diagnosis of Secondary Adrenal Insufficiency 👌

Hooman Motahari, MD, Soumya Thumma, MD, Lakshmi Menon, MD

Journal of the Endocrine Society, Volume 5, Issue Supplement_1, April-May 2021, Pages A120–A121, https://doi.org/10.1210/jendso/bvab048.242

Published: 03 May 2021

European Journal of Endocrinology (2011) 164 505-512

ISSN 0804-4643

CLINICAL STUDY

Assessment of ACTH assay variability: a multicenter study

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Clinical Chemistry 65:11 1397-1404 (2019) Endocrinology and Metabolism

An Intact ACTH LC-MS/MS Assay as an Arbiter of Clinically Discordant Immunoassay Results

Junyan Shi,¹⁺ Pawan Dhaliwal,¹ Yu Zi Zheng,¹⁺ Terry Wong,¹ Joely A. Straseski,² Mark A. Cervinski,³ Zahra Shajani-Yi,⁴ and Mari L. DeMarco^{1,5*}

Clinical Endocrinology (2016) 85, 569-574

doi: 10.1111/cen.13118

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ORIGINAL ARTICLE

Proopiomelanocortin interference in the measurement of adrenocorticotrophic hormone: a United Kingdom National External Quality Assessment Service study

P.J. Monaghan*, A. Kyriacou†, C. Sturgeon‡, A. Davies§, P.J. Trainer†¶, A. White§¶ and C.E. Higham†¶

Towards an LCMS-Based ACTH Assay



Clinical Chemistry 65:11 1397-1404 (2019) Endocrinology and Metabolism

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Neubert H, Shuford CM, Olah TV, Garofolo F, Schultz GA, Jones BR, Amaravadi L, Laterza OF, Xu K, Ackermann BL, Protein Biomarker Quantification by Immunoaffinity Liquid Chromatography-Tandem Mass Spectrometry: Current State and Future Vision (2020) *Clinical Chemistry*, 0:0, 1-20.

Shi J, Dhaliwal P, Zi Zheng Y, Wong T, Straseski JA, Cervinski MA, Shajani-Yi Z, DeMarco ML (2019) Clinical Chemistry, 65, 1397-1404.

"Hybrid" IA/LC-MS(MS)

- Shi et.al. used a capture antibody from the Roche assay as a purification step to drive sensitivity
 - Is it fair to use Roche immunoassay capture antibody in an assay to compare Siemens and Roche kits?
- Assay was sensitivity-challenged
 - Authors conclude that nano-LC may be needed for enhanced sensitivity

"Although this LLMI was more than sufficient to answer the question faced, further assay optimization and/or change in instrumentation (<u>e.g., microflow/nanoflow</u> <u>liquid chromatography</u>) may be beneficial should greater analytical sensitivity be required."



REAGENT FREE, MULTI-DIMENSIONAL NANO-LC-HRMS/MS FOR CIRCULATING PEPTIDES

Assay format previously described for Atrial Natriuretic Peptide (ANP) adapted for measurement of intact ACTH(1-39)

Atrial Natriuretic Peptide (ANP) example

Extraction:

• SPE, 300 µL plasma sample

LC:

- SEC column as first LC dimension
- Trap/elute to Easy Spray nano column
- 12.5 min LC time

MS:

- Resistant to fragmentation
- Quantitation on molecular ion using High Resolution Mass Spectrometry
- 3 pg/mL LLOQ



Lian Shan et. al., Ultrasensitive quantitation of intact endogenous atrial natriuretic peptide in human plasma using multidimensional nano-LC and high-resolution mass spectrometry, Poster Presentation: Workshop for Recent Issues in Bioanalysis, Atlanta, 2022.

Nano-LC Robustness Improvement

Pressure accumulates over course of 96 injections when using trap/elute approach, addressed with addition of third column (SEC)

2-column LC

- 300 μm trap (300 μL/min)
- \circ 75 µm analytical column (0.6 µL/min)



3-column LC

- \circ 4.6 mm ID SEC column (300 µL/min)
- \circ 300 µm ID trap column (300 µL/min)
- 75 μm ID analytical column (0.6 μL/min)



LC Configuration



High Resolution Mass Spectrometry

For circulating peptide quantitation



ACTH Assay Performance

- Surrogate matrix 5% BSA in PBS
- Sample aliquot = 300 µL plasma
- Internal Standard: Murine ACTH(1-39)

• 3-5 pg/mL LLOQ



	Surrogate Matrix						Plasma			
	LLOQQC A	LLOQQC B	LLOQQC C	QC1 A	QC1 B	QC1 C	QC2		PQC1	PQC2
Theor. Conc. (pg/mL)	3	5	10	9	15	30	800		50	700
Found Conc.										
#1	3.956	4.864	9.769	7.639	14.22	29.86	819.8		38.6	799
#2	2.739	4.244	10.87	5.987	13.65	29.97	803.7		39.34	717.3
#3	3.406	4.833	9.52	10.04	14.72	28.14	824.7		50.78	818.8
#4	3.353	4.186	8.951	8.798	18.08	33.7	778.8		48.87	697.1
#5	3.065	4.684	12.18	8.432	15.53	28.84	783		40.94	795.6
#6	3.957	5.915	10.62	9.863	14.7	27.34	822		59.8	728.1
Mean	3.413	4.788	10.32	8.46	15.15	29.64	805.3		46.39	759.3
S.D.	0.4837	0.624	1.155	1.508	1.564	2.228	20.34		8.311	51.07
%CV	14.2	13.0	11.2	17.8	10.3	7.5	2.5		17.9	6.7
%Theoretical	113.8	95.8	103.2	94.0	101.0	98.8	100.7		92.8	108.5
n	6	6	6	6	6	6	6		6	6

LCMS CORRELATION TO IMMUNOASSAY

Roche Measures 2.8-Fold Higher than LCMS

Reagent-Free LC-MS vs Roche Elecsys Kit



Further ACTH Assay Comparison



Hybrid IA-LC-MS/MS ^{*}vs Roche



* from:

Shi J, Dhaliwal P, Zi Zheng Y, Wong T, Straseski JA, Cervinski MA, Shajani-Yi Z, DeMarco ML (2019) Clinical Chemistry, 65, 1397-1404.

- Roche Elecsys calibrator was measured against Luminex curve at two concentrations
- On average, measured concentration of Roche ACTH calibrator material was 36.3% compared to nominal

ACIH	Callb	rator	Com	parison



	Analytical Antibodies	Roche versus:	he versus: Slope		n
Y		Luminex	0.3663	0.8135	97
	Y	Hybrid IA/LC-MS/MS*	~0.4	0.8378	18
		Reagent Free LC-MS/HRMS	0.3942	0.9423	113

*from:

Shi J, Dhaliwal P, Zi Zheng Y, Wong T, Straseski JA, Cervinski MA, Shajani-Yi Z, DeMarco ML (2019) Clinical Chemistry, 65, 1397-1404.

Conclusions

- Good correlation is observed between Roche, Luminex, and reagent-free LC-MS
- ACTH(1-39) results from Roche Elecsys are approximately ~3X of those from Luminex and reagent-free LC-MS/HRMS
 - Similar disparity can be inferred for hybrid IA-LC-MS/MS from literature
 - Lack of agreement caused by differences in reference materials
- Reagent-free LC-MS and hybrid IA-LC-MS/MS appear to show comparable correlation and agreement with Roche Elecsys
- Low-flow ionization permits sensitive, robust measurement of low-abundance circulating peptides such as ACTH(1-39)
 - Robustness afforded with orthogonal purification, not necessarily affinity-based
 - Reduced method development burden and improved ability to multiplex without relying on cross-reactivity of the capture antibody

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THANK YOU

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