

EBF Spring Focus Workshop 2023

### PK/PD assay strategy for a therapeutic peptide inhibitor: Meaningful PD marker contra PK and free / total target analyte

#### **Disclaimer:**

Views and opinions expressed are those of the speaker and not necessarily Novo Nordisk

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# Perspective on target assays and PD markers

#### For bioanalytical scientists there are three (3) critical questions:

- What are you being asked to measure and why?
- What are you measuring?
- How much cost, time and resource is relevant to invest?

Stakeholders	Free Target	Total Target
Internal stakeholdeers / KOL	Non-engaged / active Target	Target accumulation (competitor comparison)
Health Agencies (eg FDA/EMA)	Target "levels"	

#### • Free target assay challenges:

- No absolute measurement for LBA (equilibrium shift, sample dilution, and reagents used *in assay*)
- The higher the K<sub>D</sub> the less reliability of the free assay
- The measurement of K<sub>D</sub> may not be correct or representable (buffer/plasma/soluble)

# If no meaningful value is generated from the free target assay => no knowledge building but increased cost and time to patient

Lee AAPS J. 2011); Staack Bioanalysis 2012; Staack Bioanalysis 2014; Mayer AAPS 2016; Zheng J of Clin Pharm 2015

KOL: Key Opinion Leaders. FDA: Food and Drug Administration. EMA: European Medicines Agency

# **PK/PD** assay strategy for the peptide drug

#### Past

Free/total assays for biotherapeutics has focused on monoclonal antibodies (mAbs) and similar modalities with low K<sub>D</sub>

#### **NN case**

Peptide drug inhibits the enzymatic target

Acylated drug peptide for increased  $t_{1/2}$  via binding to serum albumin

#### **Original clinical assay strategy**

- Total PK assay (LC-MS/MS)
- Free and total target (LBA)
- Pharmacodynamic effect (PD) for a reliable response utilising diagnostic assays

LBA: Ligand Binding Assay. LC-MS/MS: Liquid Chromatography Tandem Mass Spectrometry PD: Pharmacodynamic



### Inhibition of target receptor interaction



#### PD marker is measured with a diagnostic assay

PD: Pharmacodynamic



LC-MS/MS: Liquid Chromatography Tandem Mass Spectrometry PK: Pharmacokinetics. MSD: Mesoscale Discovery. ELISA: Enzyme linked immunoassay. GnD HCI: Guanidine hydrochloride. MeOH: Methanol. IS: Internal Standard

# **Free assay - considerations**

Target (free) + Drug (free) <=> Target-Drug (complex)



Free Target Assay

#### **Free assay dependencies**

Equilibrium - shift during assay incubation

- Plasma binders of drug
- Plasma binders of target
- Sample dilution
- Assay composition



## Phase 1 results – PK, free/total target and PD

Issue statement:

- Free target increase *above* baseline in contradiction to the clear response on PD
- Free target concentration above total target



### **Expectations and outcome from Phase 1**

#### Group 1: 10 mg dose





# Back to the bench: Re-evaluation of the free target assay

- Free target ELISA assay was adjusted
  - Incubation time was shortened
  - Same dilution for all samples
  - Dynamic range adjusted to the expected range (affecting ULOQ )
  - Assay performance was evaluated and found acceptable in the presence of drug
- Gyrolab and Alpha-LISA was evaluated with the same reagents and showed similar performance as ELISA

### What are you measuring?

(answered by assay development and validation)

# Target (free) + Drug (free) <=> Target - Drug complex $K_D$

 $\frac{[Free Target] * [Free Drug]}{[Complex Target-drug]} = K_D = 1 \text{ nM}$ 

	Target (nM)	Drug peptide (nM)	Theoretic expected Target (nM)	Measured Target Final (nM)	Overestimation
QC high	7	25	0.36	5.54	15
QC medium	3	25	0.13	2.31	18
QC low	2	500	0.004	0.35	88

Dilution accounts for approx. 5 times overestimation

Plasma binders and assay reagents accounts for 3-18 times non-linear overestimation

### Phase 1: Re-analysis with optimised free assay

Issue statement:

- Free target increase <u>above</u> baseline in contradiction to the clear response on PD
- Free target reaches ULOQ in fixed dilutions not possible to evaluate if similar result



### **Conclusion on the free target assay**

Data showed the same tendency after optimization as in the initial testing.

Free target increase above baseline in contradiction to the clear response on PD.

**K**<sub>D</sub> between target and drug alone cannot be used to calculate theoretic target.

Unpredictable free drug measured.

Free target assay was excluded from phase 2.

### **Conclusion from Phase 2 oral administration**

- Total target assay showed target accumulation in line with competitors MoA.
- Reliable total PK assay and diagnostic PD marker supported MoA.



MoA: Mechanism of Action

### **Future Perspectives**

#### For bioanalytical scientists there are three (3) critical questions:

- What are you being asked to measure and why?
- What are you measuring?
- How much cost, time and resource is relevant to invest?

#### Target free / total assay challenges for peptide drugs:

- Historical data primarily based on MAbs (one soluble target with low K<sub>D</sub>).
- A peptide drug target engagement with several plasma binders is different from previous experience of MAb therapeutics.
- Shared free assay challenges are needed to educate stakeholders.

# Consider relevance of target assay(s) in phase 3 when a reliable PK assay and diagnostic PD marker is available.

Lee AAPS J. 2011); Staack Bioanalysis 2012; Staack Bioanalysis 2014; Mayer AAPS 2016; Zheng J of Clin Pharm 2015

# Acknowledgements

#### At Novo Nordisk A/S

- Mette Loftager
- Anna Laurén
- Charlotta D. de la Cour
- Christian Hollensen
- Line Hollesen Schefe
- Klara Tølbøl Lauritsen
- Irene Hedelund Langbakke

#### Thanks to our CRO's for good collaboration