Home sampling as alternative to venipuncture: results, patient experience and implementation

Bryan van den Broek Scientist Sanquin Diagnostic Services



Venipuncture

Benefits

- Scalable in volume
- Short logistics
- Processed same day

Challenges

- Trained personnel
- Collection at hospital
- Extra visit to hospital
- Geographically limited



Finger prick

Benefits

- sample at home
- no extra visit to hospital/outpatient clinic
- easily scalable studies
- Testing is done centrally in laboratory

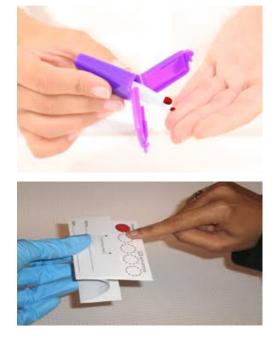
Challenges

- Small volumes
- Sample stability
- Self sampling
- Logistics



Fingerprick collection devices

- Sample type and processing
- Determine volume Hct
- Labour involved



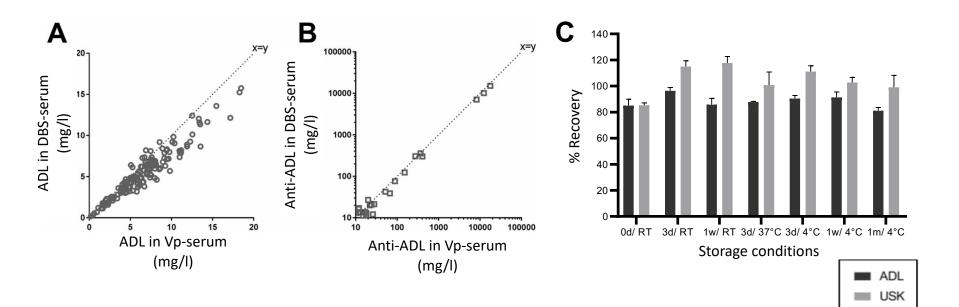


Berends SE et al. Ther Drug Monit 2020; Berends SE et al. Br J Clin Pharmacol 2019; Bloem K et al. Bioanalysis 2018; Kneepkens EL et al. Br J Clin Pharmacol.2017



Tuesday, 21 December 2021

Finger prick comparability and stability in DBS





Our finger prick set





Our finger prick set















> 90% succesful finger prick

Table 2. Evaluation of the fingerprick								
		fingerprick 2454)	Failed fingerprick (n=223)					
	Patients (n=1648)	Controls (n=806)	Patients (n=171)	Controls (n=52)				
Failed fingerprick – no. (%)								
Succeeded to collect blood in the tube								
$Yes \ge 3 drops$	1280/1361 (94)	656/680 (96)	57/110 (52)	24/37 (65)				
Yes, but < 3 drops	80 (6)	23 (3)	36 (33)	12 (32)				
No	1 (0.1)	1 (0.1)	17 (15)	1 (3)				
Reason for little to no collection*								
Not enough blood to form a whole drop	N.A.	N.A.	29 (26)	11 (30)				
Drop formation but it did not fall into the tube	N.A.	N.A.	26 (24)	7 (19)				
Enough blood formation, but unable to collect it in the tube	N.A.	N.A.	22 (20)	6 (16)				

Participant experience is positive

Table 2. Evaluation of the fingerprick									
	Successful fingerprick (n=2454)			Failed fingerprick (n=223)					
	Patients (n=1648)			Controls (n=806)		Patients (n=171)		Controls (n=52)	
Experience fingerprick - no. (%)									
Experience of the prick									
Less painful than expected	172/875	(20)	70/410	(17)	11/94	(12)	2/22	(9)	
As painful as expected	616	(70)	316	(77)	71	(76)	20	(91)	
More painful than expected	87	(10)	24	(6)	12	(13)	0		
Experience of the complete process									
Positive	492/875	(56)	238/410	(58)	25/94	(27)	6/22	(27)	
Neutral	321	(37)	160	(39)	39	(42)	13	(59)	
Negative	62	(7)	12	(3)	30	(32)	3	(14)	

Finger prick is prefered in research and study setting

Table 2. Evaluation of the fingerprick								
	Successful fingerprick (n=2454)			Failed fingerprick (n=223)				
	Patients (n=1648)			trols 806)	Patients (n=171)		Controls (n=52)	
Preferences for blood sampling meth	od – no. (%)							
Preference for scientific research								
Fingerprick at home	476/1167	(41)	312/437	(71)	27/96	(28)	11/22	(50)
Venepuncture at healthcare	336	(29)	39	(9)	57	(59)	6	(27)
institute								
No preference	355	(30)	86	(20)	12	(13)	5	(23)
Preference for routine care								
Fingerprick at home	222	(19)	168	(38)	12	(13)	6	(27)
Venepuncture at healthcare	503	(43)	83	(19)	58	(61)	6	(27)
institute								
No preference	441	(38)	186	(43)	25	(26)	10	(46)



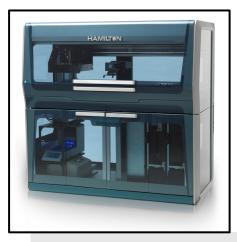
Sample process under control

As little as 5-10 μl serum

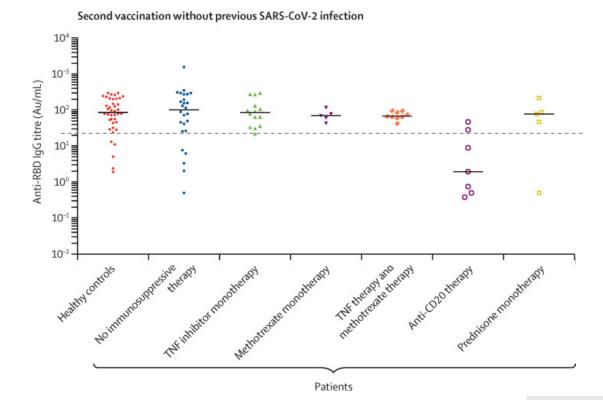








Finger prick used in SARS-CoV2 study



Brakenhoff et al. Trials (2021) 22:412 https://doi.org/10.1186/s13063-021-05241-5

The RECOVAC IR study: the immune response and safety of the mRNA-1273 COVID-19 vaccine in patients with chronic kidney disease, on dialysis or living with a kidney transplant

Marcia M.L. Kho¹, Marlies E.J. Reinders¹, Carla C. Baan¹, Debbie van Baarle^{2,3}, Frederike J. Bemelman⁴, Dimitri A. Diavatopoulos⁵, Ron T. Gansevoort⁶, Fiona R.M. van der Klis³, Marion P.G. Koopmans⁷, A. Lianne Messchendorp⁶, Renate G. van der Molen⁸, Ester B.M. Remmerswaal⁹, Nynke Rots³, Priya Vart^{6,10,11}, Rory D. de Vries⁷, Luuk B. Hilbrands ⁽¹⁾ ¹² and Jan-Stephan F. Sanders⁶ and RECOVAC Collaborators^{*}

LETTER

A prospective, randomized, single-blinded, crossover trial to investigate the effect of a wearable device in addition to a daily symptom diary for the remote early detection of SARS-CoV-2 infections (COVID-RED): a structured summary of a study protocol for a randomized controlled trial

Timo B. Brakenhoff¹⁺¹, Billy Franks^{1†}, Brianna Mae Goodale², Janneke van de Wijgert³, Santiago Montes⁴, Duco Veen^{1,5,6}, Eskild K. Fredslund⁷, Theo Rispens⁸, Lorenz Risch^{9,10,11}, Ariel V. Dowling¹², Amos A. Folarin^{13,14,15}, Patricia Bruijning³, Richard Dobson¹⁴, Tessa Heikamp¹, Paul Klaver¹, Maureen Cronin^{2†}, and Diederick E. Grobbee^{15†} On behalf of the COVID-RED Consortium¹⁶

Antibody development after COVID-19 vaccination in patients with autoimmune diseases in the Netherlands: a substudy of data from two prospective cohort studies

Laura Boekel, Maurice Steenhuis, Femke Hooijberg, Yaëlle R Besten, Zoé L E van Kempen, Laura Y Kummer, Koos P J van Dam, Eileen W Stalman, Erik H Vogelzang, Olvi Cristianawati, Sofie Keijzer, Gestur Vidarsson, Alexandre E Voskuyl, Luuk Wieske, Filip Eftimov, Ronald van Vollenhoven, Taco W Kuijpers, S Marieke van Ham, Sander W Tas, Joep Killestein, Maarten Boers, Michael T Nurmohamed, Theo Rispens, Gertjan Wolbink

Summary

Background Data are scarce on immunogenicity of COVID-19 vaccines in patients with autoimmune diseases, who are Lancet Rheumatol 2021



Trials











Summary

We can accurately measure antibodies in small volumes









Acknowledgements

Sanquin

Maurice Steenhuis Lea Berkhout Nadine Commandeur Olvi Cristianawati Sofie Keizer Karien Bloem Annick de Vries Linda Mulder Floris Loeff Theo Rispens

Laura Boekel Bart Seppen Maureen Leeuw Femke Hooiberg Erik Vogelzang Gertjan Wolbink

Study partnerships Participants