# Making Haste, Slowly, in Bioanalysis of Biomarkers

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#### Introduction

- In the bioanalytical laboratory, we often receive requests for biomarker assays that come with little to no context as to what questions the biomarker data are expected to answer
- In its simplest form, the request comes as
  - 'Do you have a validated assay for biomarker X?'
- When faced with this situation, how should we proceed?



#### Festina lente

- 'Make haste, slowly'
  - Classical adage and oxymoron dating back to Roman times
  - Activities should be performed with a proper balance of urgency and diligence
  - If tasks are too rushed then mistakes are made and good long-term results are not achieved



## Making haste, slowly, in bioanalysis of biomarkers

Make time to understand the background to biomarker assay requests

- Take the correct path for assay establishment and validation
- Gives us confidence that the biomarker data our laboratories produce are fit for their intended purpose

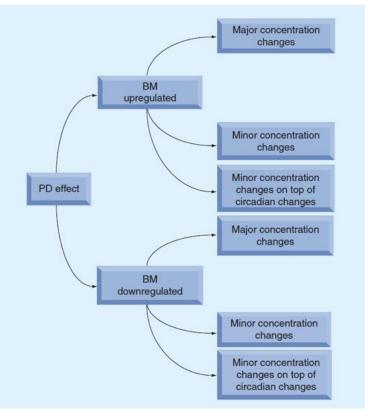


#### Start from the end

#### How will the biomarker data be used?

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Understand the biomarker biology & Mechanism of action (MoA) of the drug



Bioanalysis (2012); 4(15): 1883-94



2 Case Study 1: Biomarker of target engagement

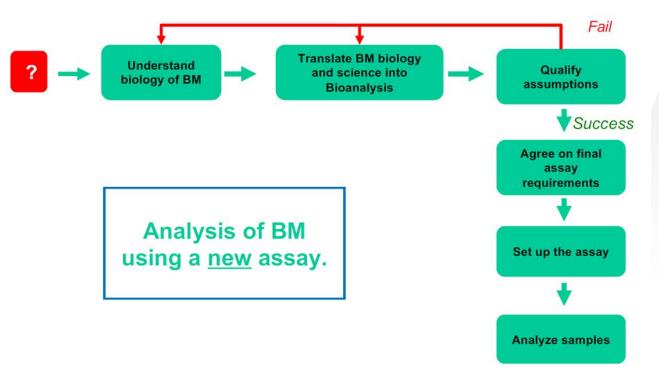




# Case Study 1: Enquiry

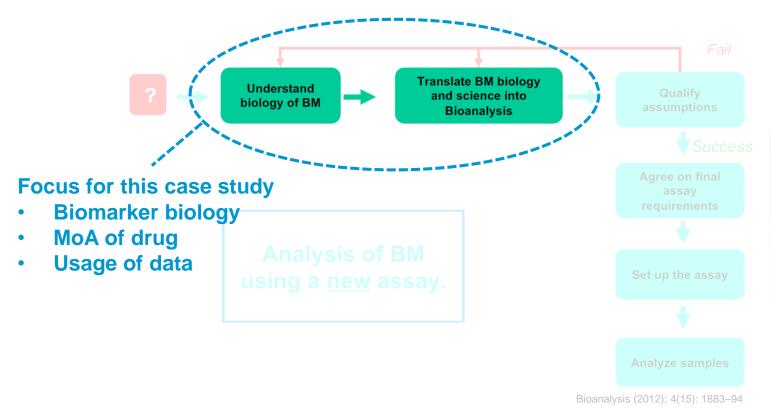
- We would like to measure the levels of free biomarker X. The endogenous level are very variable so maybe the use of a surrogate will be necessary. We have already established a parallelism between the recombinant biomarker and the endogenous biomarker
  - How will you validate this assay?





Bioanalysis (2012); 4(15): 1883–94







# Case Study 1: The biology of the biomarker

- The biomarker is a membrane-bound extracellular protein involved in modulation of immune function
  - In some cancers, the protein is overexpressed in the tumor microenvironment inhibiting anti-tumor immunity
  - High levels of soluble protein biomarker are associated with poor overall survival and progression-free survival
- What concentration levels do we expect in the study population?
  - · How much intra- and inter-individual variability do we expect?

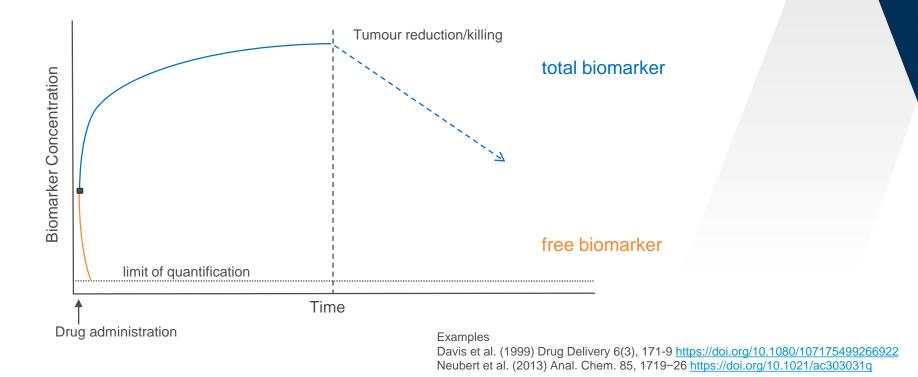


# Case Study 1: The MoA of the drug

- Drug is a monoclonal antibody (mAb)
- ► The biomarker is the *target* of the drug
  - Drug inhibits activity of the protein biomarker to restore a pro-inflammatory microenvironment and help activate an anti-tumor immune response
- What changes do we expect to see in biomarker levels upon drug administration?
  - What assay sensitivity do we require?
  - Should we measure free or total biomarker?



# Case Study 1: Expected changes during treatment



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## Case Study 1: Usage of the biomarker data

- Supporting early clinical trial (phase I/II) evaluating safety, efficacy and optimal dosing regime of the drug
- ► Biomarker data will be used to evaluate pharmacodynamic (PD) response to the drug
  - Want to achieve target engagement >95%
  - Analysis of PD data at interim and end of study
  - Biomarker data will not support dose escalation



# Case Study 1: Biomarker assay establishment

#### A number of assay options:

- Free biomarker assay on standard immunoassay platform
  - Unlikely to detect levels after drug administration
  - Assay results <LOQ may indicate appropriate level of target engagement
- Free biomarker assay on ultra-sensitive platform
  - Additional investment, but may be capable of measuring free target levels
  - Measurement may be impacted by change in drug:biomarker binding kinetics during sample processing
- Total biomarker assay
  - Need to identify reagents that are non-competitive with the drug
  - Free biomarker levels can be modelled based on drug concentration measurement (PK) and drug binding kinetics



# Case Study 1: Biomarker assay establishment – path taken

- A number of assay options:
  - Free biomarker assay on standard immunoassay platform
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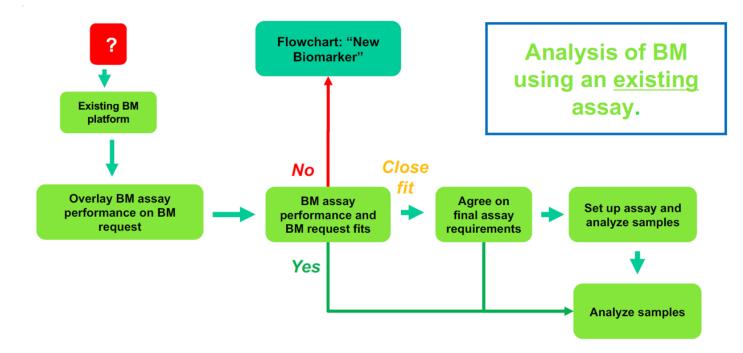




# Case Study 2: Enquiry

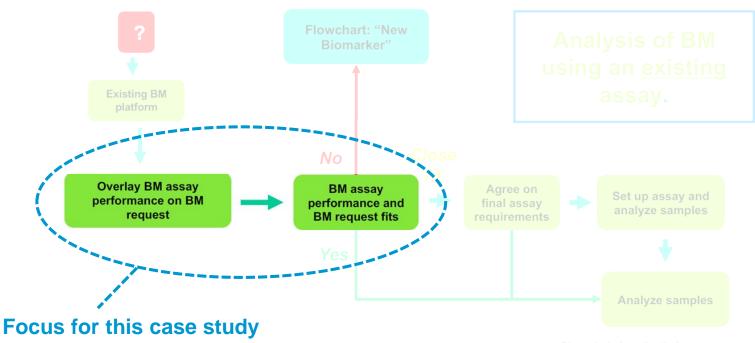
- We would like to measure the levels of biomarker X in our clinical study as part of our patient enrollment
  - Can we move ahead with the current assay you have already validated?





Bioanalysis (2012); 4(15): 1883–94





Bioanalysis (2012); 4(15): 1883–94



# Case Study 2: Biology of the biomarker & MoA of the drug

- The biomarker is an small cytokine important in recruitment of immune cells to sites of infection
  - Production of this cytokine is induced by the target of the drug, and serves as a surrogate for activity of the drug target
- The drug is a monoclonal antibody that binds to and neutralizes the activity of its target by preventing it binding to its receptor
  - The target of the drug plays a role in a number of different inflammatory diseases

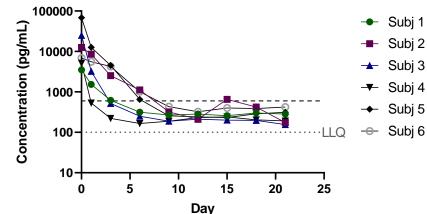


## Case Study 2: Usage of the biomarker data

#### Previous clinical studies

22

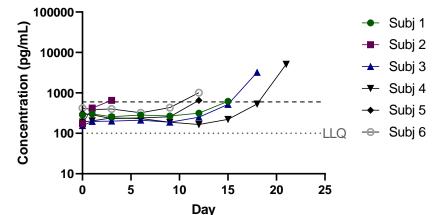
- The biomarker data were used as an pharmacodynamic indicator that drug target was neutralized
- In patients, biomarker levels were typically high (several thousand pg/mL) at initiation of treatment, returning to 'normal' levels (a few hundred pg/mL) when the drug maintained neutralization of its target





## Case Study 2: Usage of the biomarker data

- New clinical study
  - Biomarker data will similarly be as an indicator of drug target activity
  - However, patients expected to have low levels of biomarker initially, with an increase at the onset of an 'inflammatory episode'
  - If biomarker levels move above a 'threshold', it will indicate active disease and patients will be randomized to receive drug or placebo





# Case Study 2: Does the assay fit the biomarker request?

Do we have data that can be used to set the threshold?

- Collected data on inter-individual variation during assay development and validation
  - Approx. 50 healthy individuals
  - However healthy individual ≠ subject without disease
- Data on within individual variation with this method
  - Longitudinal within subject data was collected within previous clinical studies
  - However previous study subject ≠ current study subject
- Initiated collection of samples from this indication to better define subjects with and without active disease



## Case Study 2: Does the assay fit the biomarker request?

Can the current assay support the new context of use?

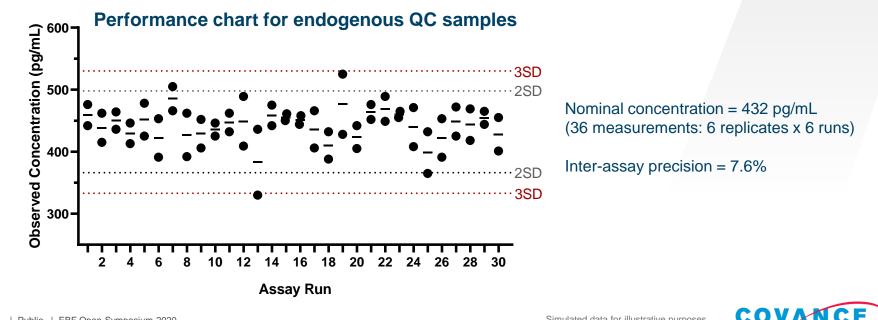
• What level of precision is needed for the end use of the data?



## Case Study 2: Does the assay fit the biomarker request?

The assay is under control for current data usage 

But level of variation could lead to misclassification of results in new context



# Case Study 2: Changes to the assay to meet the new CoU

Assay moved from manual process to automated platform

- Improved precision to <5%</li>
- Additional endogenous QC samples included in each run
  - Allowed normalization/correction of study sample data against a reference value



4 Case Study 3: Assessing parallelism and what it tells us

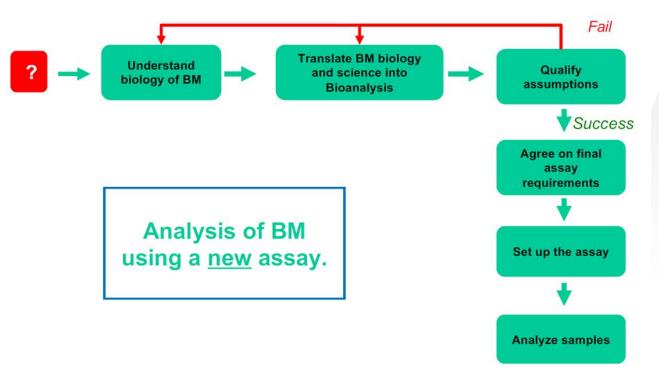


# Case study 3: Assessing parallelism and what it tells us

Assay for an inflammatory cytokine was developed and validated:

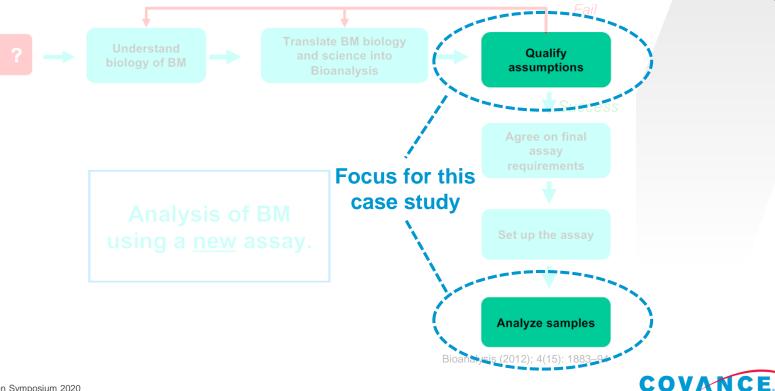
- Precision
  - 6 runs with endogenous QC samples
  - Inter-assay precision of 8.0%
- Stability
  - Stable through 5 freeze-thaw cycles
  - Stable stored at -80°C for 3 months (assessed with freshly collected samples)
- Parallelism
  - 5 individuals assessed at multiple dilutions
  - Target parallelism results within 3SD (3x inter-assay precision)
  - No pass/fail criteria assay characterization

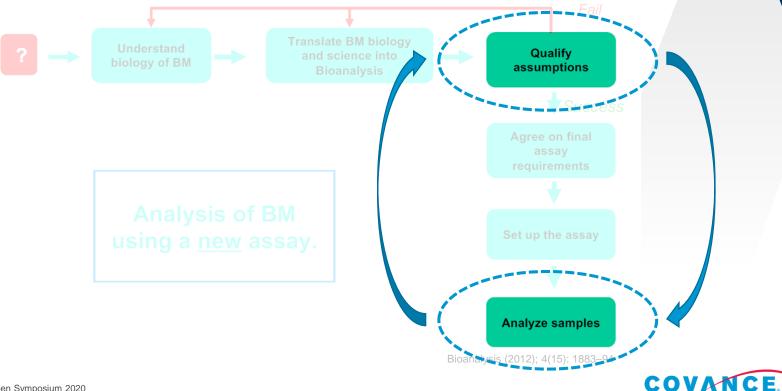




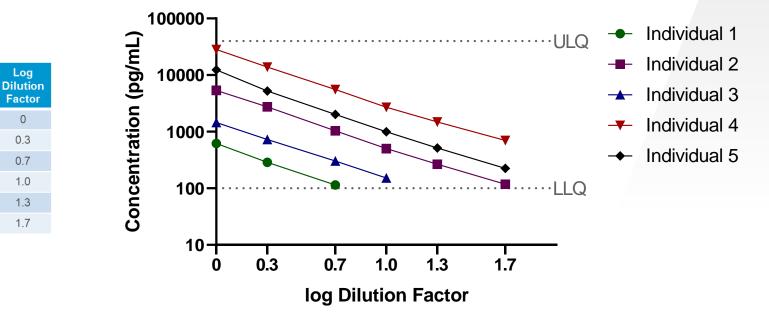
Bioanalysis (2012); 4(15): 1883–94







► 5 individual analyzed and multiple dilutions across the assay range



Dilution

Factor

1 (MRD)

2

5

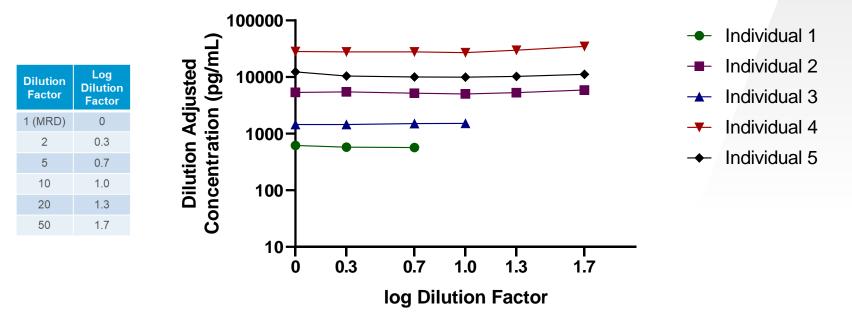
10

20

50

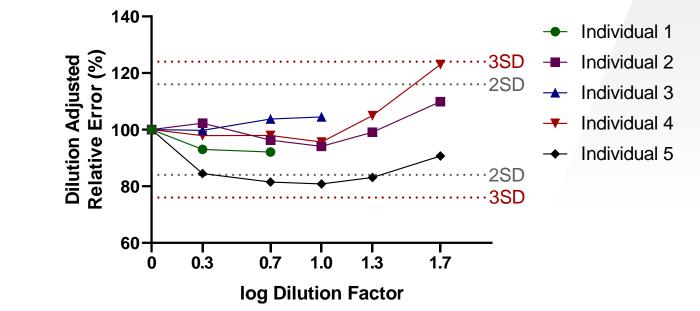


Dilution-adjusted concentration calculated





Dilution-adjusted relative error calculated (vs MRD result)



Log

Dilution

Factor

0

0.3

0.7

1.0

1.3 1.7

Dilution

Factor

1 (MRD)

2

5

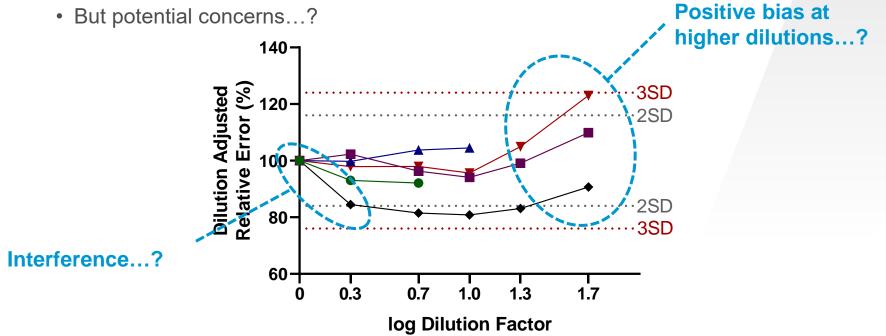
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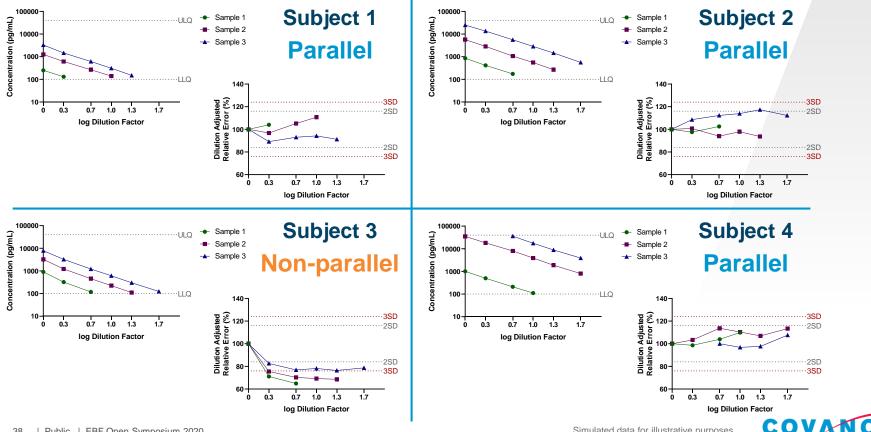
#### Case study 3: Parallelism assessment in-study

► 3 samples assessed for parallelism from each subject

· Selected samples from low, mid and high part of observed range



#### Case study 3: Parallelism assessment in-study

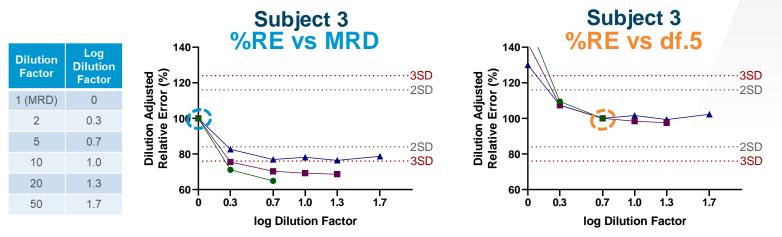


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Simulated data for illustrative purposes

#### Case study 3: Parallelism assessment in-study

- No indication of positive bias from higher sample dilutions
- A small number of subjects had negative bias at dilutions after MRD
  - Parallelism present at dilutions ≥5
  - Reporting for these subjects amended reported results from a dilution factor ≥5









# Summary & Conclusion (1)

- Establishing a biomarker assay requires an understanding of the biomarker biology, the mechanism of action of the drug, the intended use of the data and the capabilities/limitations of the bioanalytical methods
  - Dialog with stakeholders is essential to understand the biomarker CoU
  - Enables us to adopt a suitable bioanalytical strategy where the appropriate level of assay performance is understood
  - Give us confidence that the data our laboratories produce are fit for their intended purpose



# Summary & Conclusion (2)

Parallelism is a key assessment in understanding biomarker assay performance both in validation and in the study population

- Determines whether recombinant analyte and/or surrogate matrix are representative of endogenous analyte
- Parallelism is not a straightforward pass/fail assessment
  - We have to evaluated what the data tell us...
    - whether the assay has the appropriate level of performance for the intended use
    - whether we have to put mitigations in place for analysis and/or reporting





- European Bioanalysis Forum (EBF) recommendation on method establishment and bioanalysis of biomarkers in support of drug development
  - Bioanalysis (2012) 4(15):1883–94. https://doi.org/10.4155/bio.12.164
- Update to the European Bioanalysis Forum (EBF) Recommendation on Biomarkers Assays; Bringing Context of Use into Practice
  - Bioanalysis (2020)12(20): 1427–37: <u>https://doi.org/10.4155/bio-2020-0243</u>
- EBF Topic Team 61: Non-parallelism in biomarker assays
  - <u>https://e-b-f.eu/wp-content/uploads/2018/06/bcn2016-D2J1-1-Robert-Nelson\_TT-61-EBF.pdf</u>



#### Acknowledgments

- European Bioanalysis Forum (EBF) community and Topic Team 61
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#### Questions

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