

**‘A new hybrid
immuno-affinity
mass spectrometric
method for **dosed** or
endogenous human
insulin in clinical
samples’**

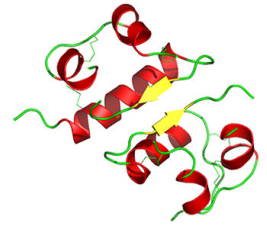


Michael Blackburn

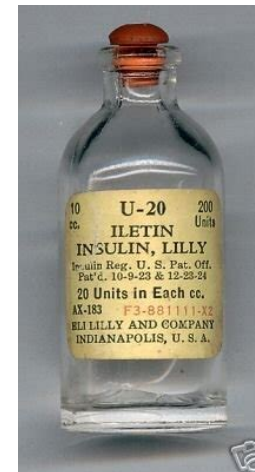
12th EBF Open Symposium, Barcelona

21st November 2019 breakout day2 03

Contents



- Why use a hybrid assay - expectations?
- What form of the protein are we measuring?
- Human vs. animal insulins and their mass spectrometry
- Endogenous concentrations and required analytical range
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Immunoassays vs hybrid IA-mass spectrometry

Example from 2015 publication:

Bioequivalence trial for an insulin analogue in healthy subjects:

1. Dose with analogue
2. Measure total insulin activity with RIA
3. Correct for endogenous insulin by using a C peptide assay
4. Perform PK for dosed drug with corrected value

2 approximations or extrapolations here:

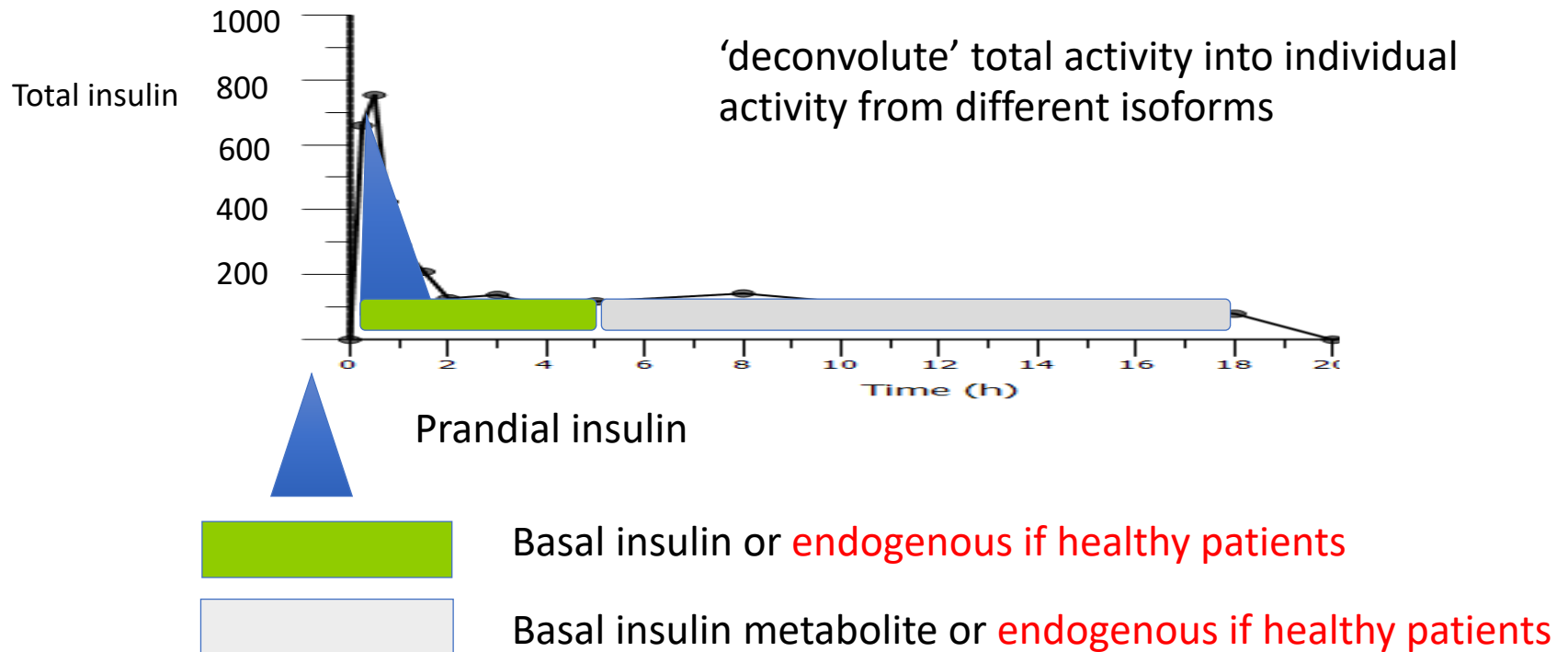
C peptide is a by-product of the formation of human insulin:

for every molecule of human insulin produced, so is one of C peptide
C peptide is used as a marker of insulin secretion

However different assay approaches (for example RIA, ELISA) can give different measures for C peptide, and the total assay is not a direct measurement of free circulating drug rather of **activity**.

Should use **specific assays for PK, to attribute** the measured activity

Why mass spectrometry



‘When healthy volunteers are enrolled in the clamp studies, their endogenous insulin production may interfere with PK and/or PD measurements. For some insulin analogues, *specific assays, capable of distinguishing between exogenous and endogenous insulin, exist. If available, the use of such assays should be considered.*’

‘Where necessary, samples should be referred to *specialist centres for insulin analysis and ideally by a validated and fully quantitative mass spectrometry based method*’ (in the case of hypoglycaemia where standard kit tests fail to identify exogenous insulins)

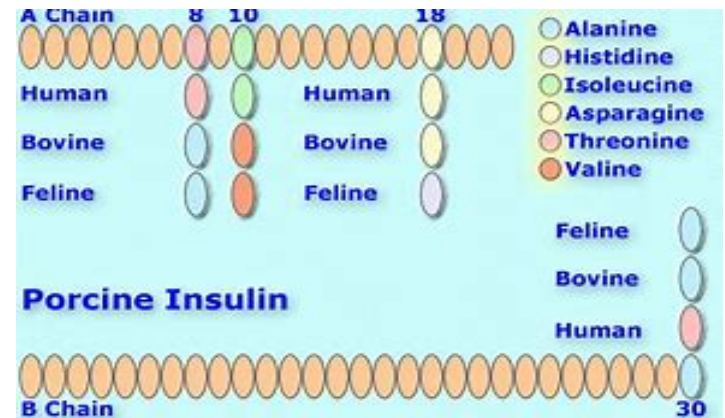
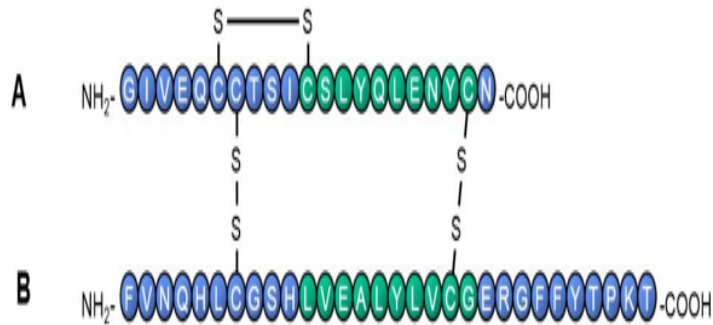


EMA/CHMP/BMWP/32775/2005_Rev. 1

NHS
**National Institute for
Health Research**



Insulins structures and sequences



Human: **51 amino acids**, molecular weight approx. 5.8 KDa

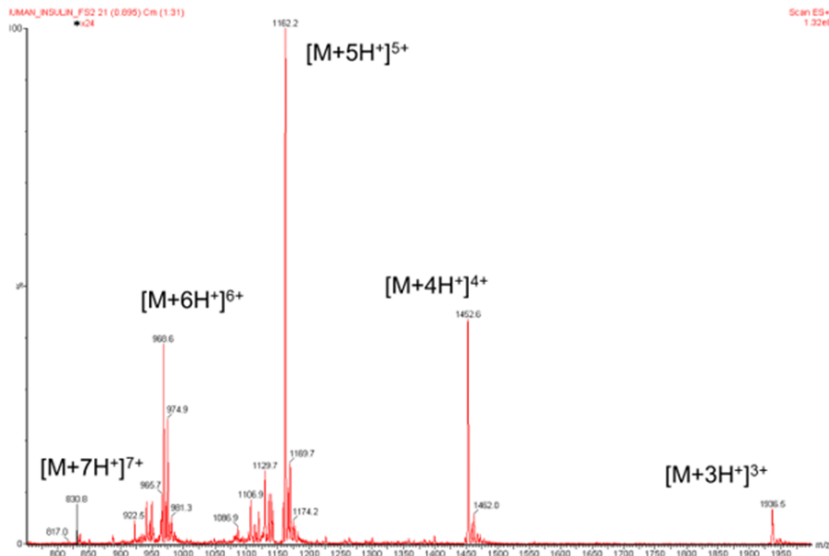
Porcine insulin has **one different residue** on the B chain C terminus

Bovine insulin typically used as an internal standard

Mass spectrometry of human insulin



Q1MS

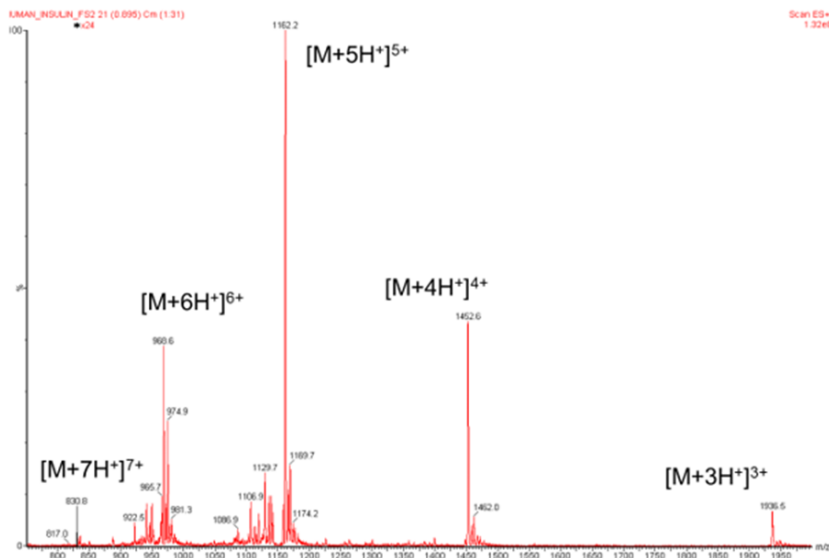


‘top down’ of intact clusters.

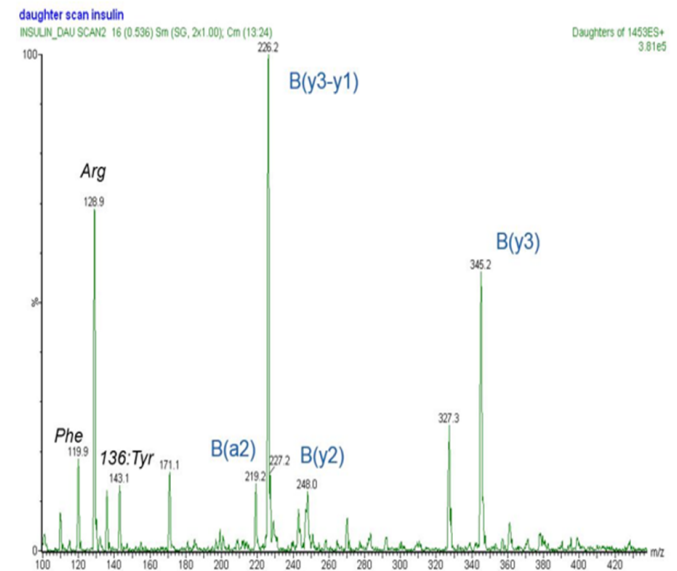
Mass spectrometry of human insulin



Q1MS



MS - MS



‘top down’ of **intact clusters**. Select specific product ion

What are we measuring with this assay?

"The protein concentration is not a meaningful result, unless it is defined which molecular property the method responds to."

Van der Merbel, European Bioanalytical Forum 2017

FREE vs. **ACTIVE** (target binding) vs. TOTAL

MSIA™ extracts **target binding** insulins, with a capturing epitope on the mid-point of B chain.
To measure TOTAL, crash plasma first & dilute
To prevent non specific binding in the well plate, use a carrier peptide e.g ACTH fragment, leucine enkephalin

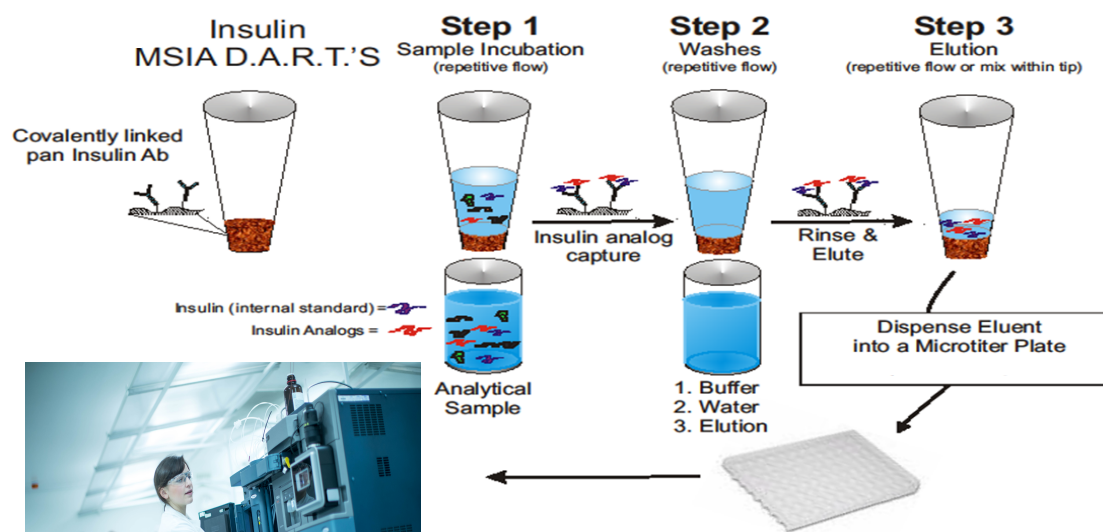
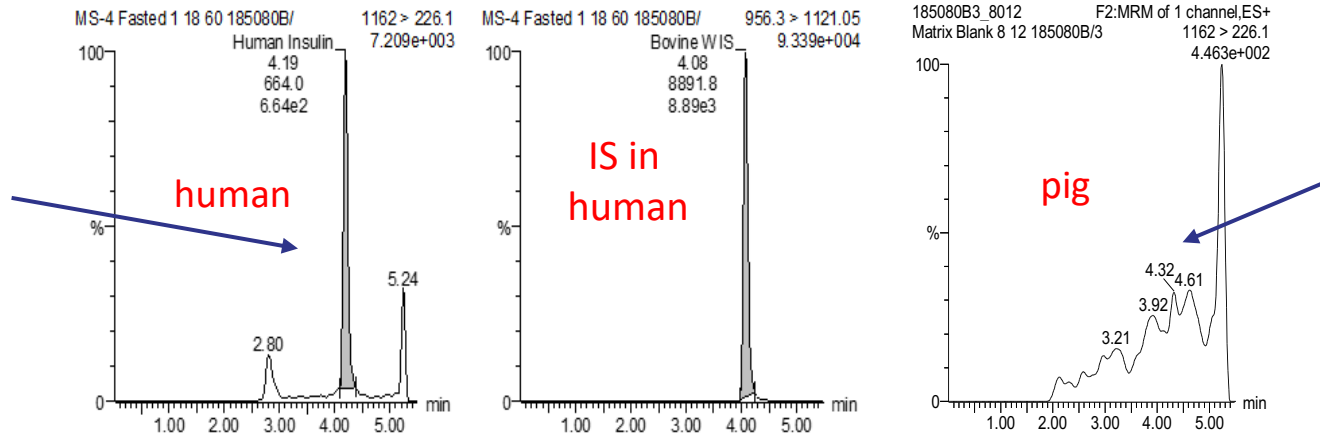


Figure: Thermo

LC-MS/MS



Endogenous assays: calibration line



For analogue assays in human, we can simply spike control human plasma with the analogue

Human insulin: cannot use same matrix for calibration.

Match with a surrogate matrix: we have chosen pig plasma

Method sample volume is **350 μ L**

What analytical range?

- The American Diabetes Society recommends that bioanalytical assays for insulins should be able to achieve an LLOQ of **12 pmol/L** = approximately **70 pg/mL** depending on the analogue
- Endogenous levels are between **90 to 3000 pg/mL** in human serum
- Insulin becomes pharmacologically active around or even below **200 pg/mL**
- Requirement to reduce LLOQ to **100 pg/mL** and below to support new drug development studies
- Multiple analytes may need to be monitored simultaneously e.g. active metabolites
- **Sample volumes are limited** – **250 to 400 µL** of plasma available for analysis

Reported levels of insulin in different matrices

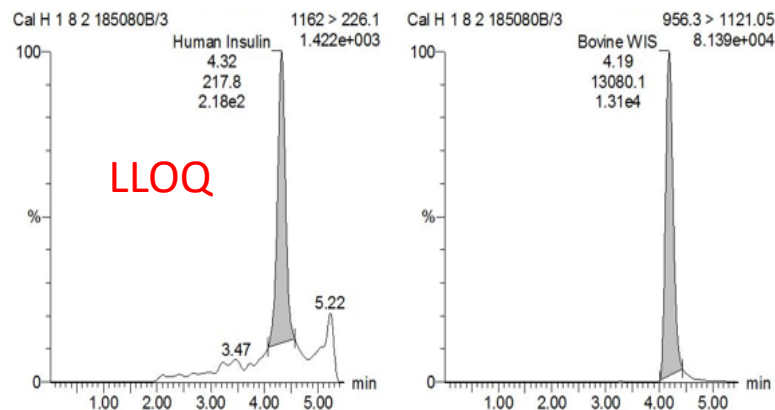
Species	Matrix	Model	Insulin pg/mL	Insulin µU/mL	Method
Human	Serum	Normal 12h fasting	90 to 1100	2 to 25	NR
Human	Serum	Non-Fasting	200 to 3400	5 to 75	NR
Human	Plasma	Dosed with glargine 1.2U	2000 (glargine M1)	50	IAC-MS
Human	Urine	Average	360	8	NR
Human	Urine	Fasting dependant	80 to 3600	1.7 to 80	NR
Human	serum	C peptide non diabetic*	3000 to 11000	67 to 250	IDA-MS
Human	Serum	Proinsulin	50 to 1000	1 to 20	IDA-MS
Dog	Serum	Fasting dependant	180 to 1300	4 to 28	NR

NR not released

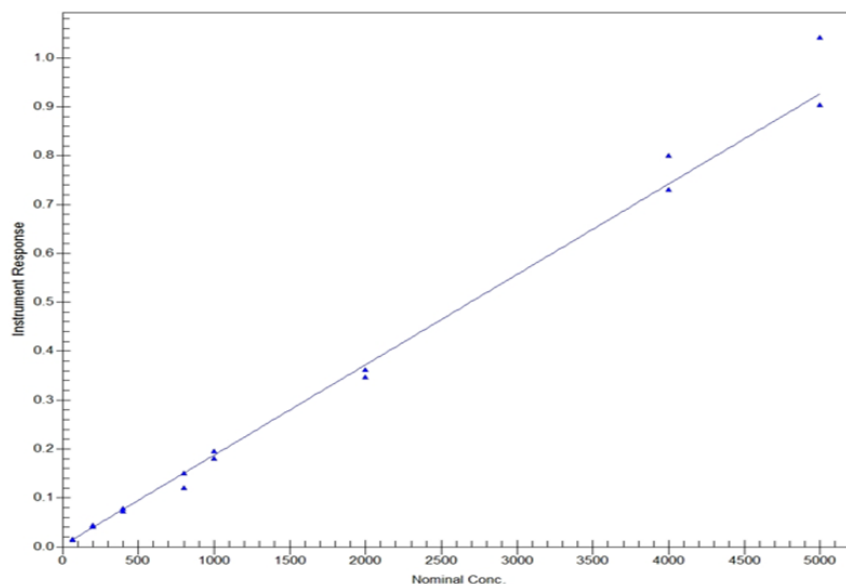
IAC immunoaffinity capture

IDA immunodepletion capture

Calibration line in surrogate (pig) plasma



LLOQ



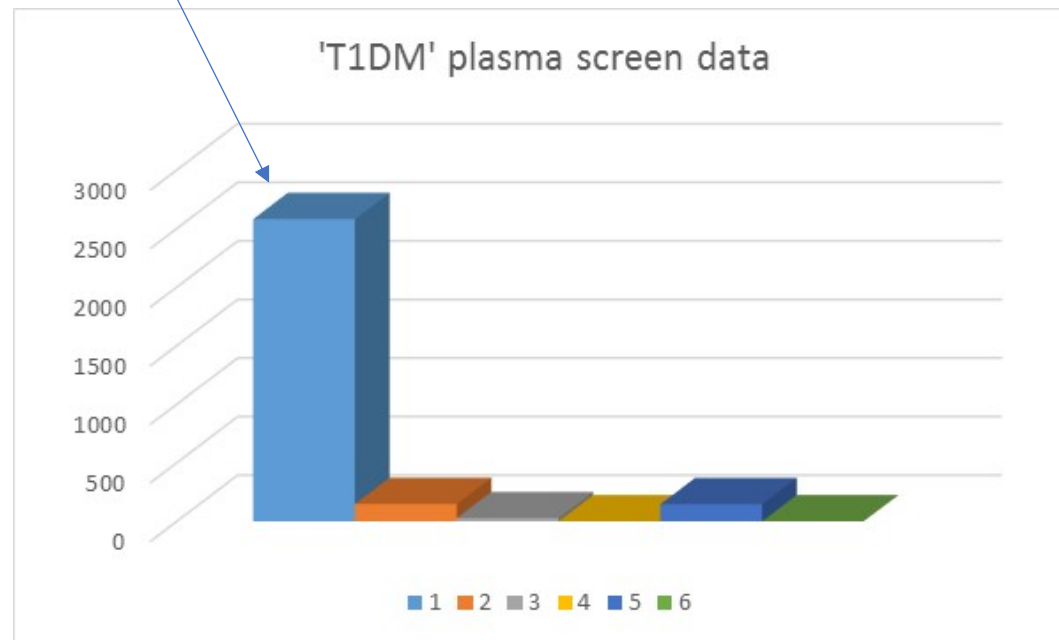
$$R^2 = 0.991$$

70-5000 pg/mL

Endogenous assay: QC screen #1: T1DM* plasma

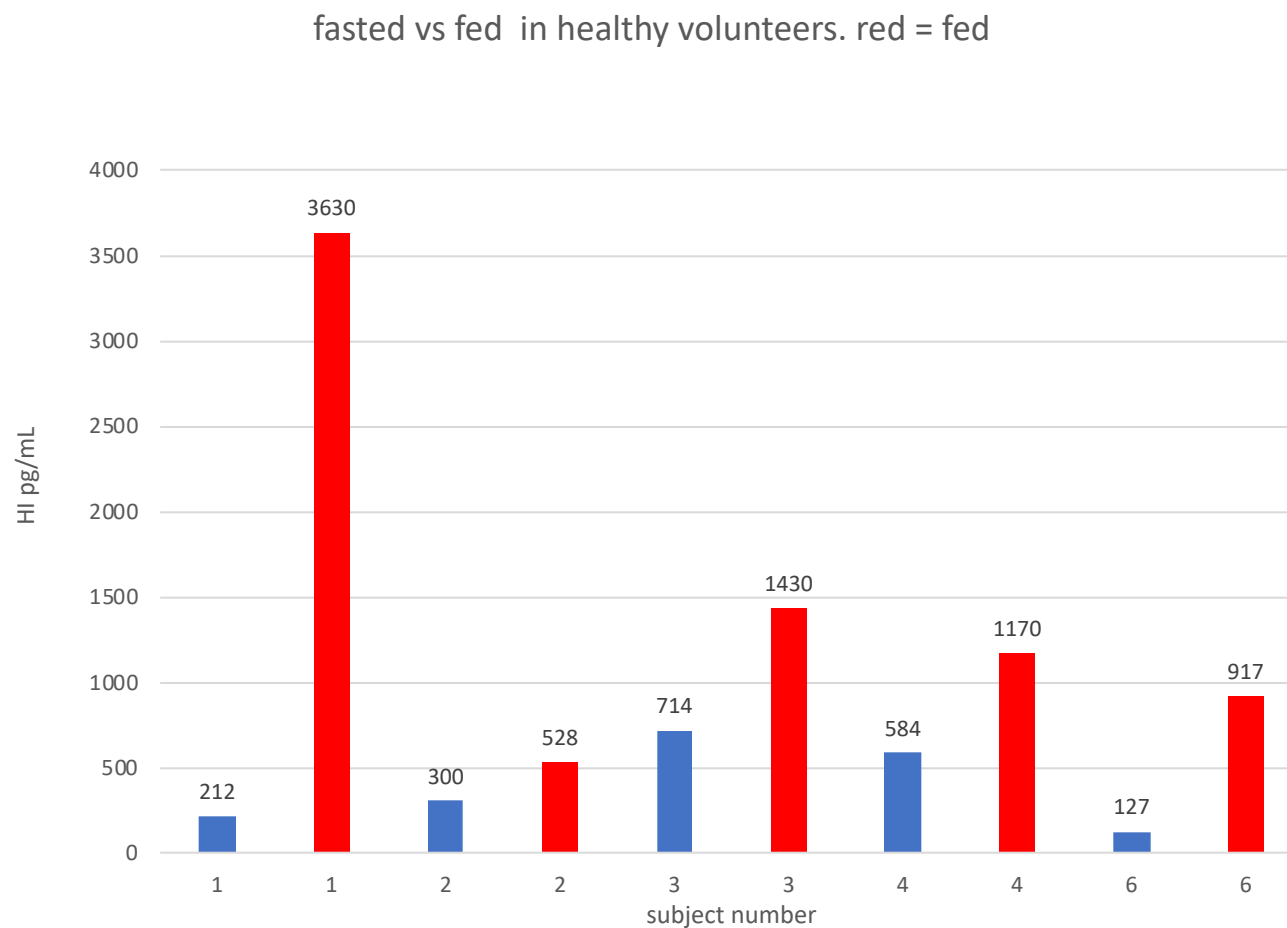
	screen 1	screen 2	screen 3	screen 4	screen 5	screen 6
Measured (pg/mL)						
#1	2750	132	<70	<70	146	<70
#2	2660	125	<70	<70	157	<70
#3	2650	174	<70	<70	153	<70
#4	2540	169	<70	<70	141	<70
#5	2480	141	<70	<70	132	<70
#6	2380	138	<70	<70	143	<70
Mean	2580	147	<70	<70	145	<70
%CV	5.23	13.70	N/A	N/A	6.15	N/A
n	6	6	5	6	6	6

*type one diabetes



Run 6 replicates of 6 different batches plasma

QC screen #2: Human insulin levels in fed and fasted volunteers



Choose plasma from fasted volunteers as QC and dilute to LLOQ with control animal (pig) plasma.

Performance of the human assay: typical for isoforms also

Quality Control	A&P LLOQ 77.8 pg/mL	A&P QCL 213 pg/mL	A&P QCM 1050 pg/mL	A&P QCH 4010 pg/mL	A&P ULOQ 5230 pg/mL
Measured (pg/mL)	74.6	207	1040	3920	5130
Inter-run %CV	15.7	6.62	6.14	8.93	6.22
Inter-run %Bias	-4.11	-2.82	-0.95	-2.24	-1.91
n	18	18	18	18	18

Applying hybrid 4-6-20 acceptance criteria

Assay is fully validated- matrix effect, freeze-thaw, LTS etc

Jenkins et al, AAPS J, (2015) 17(1) 1-16

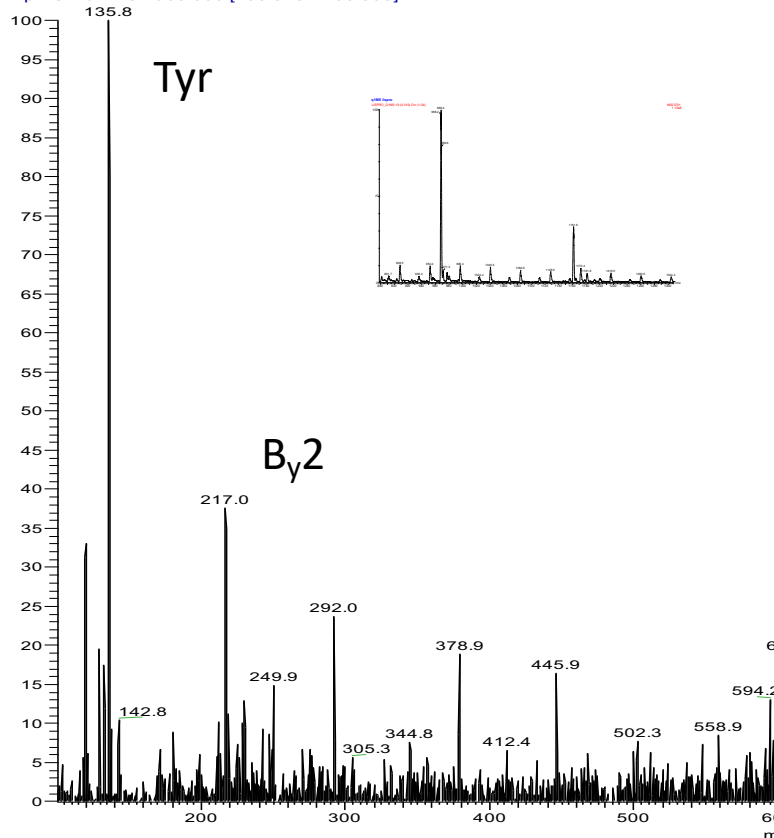
Knuttsen M, Schmidt R and Timmerman P, Bioanalysis (2013) Sep 5(18):2211-4

Yang Xu et. Al., Journal of Chromatography B1063 (2017) 50-59.

Assay specificity examples

lispro

lispro_dauscan2 #1-12 RT: 0.02-0.34 AV: 12 NL: 1.48E6
T: + p ESI Full ms2 969.000 [100.070-1100.000]

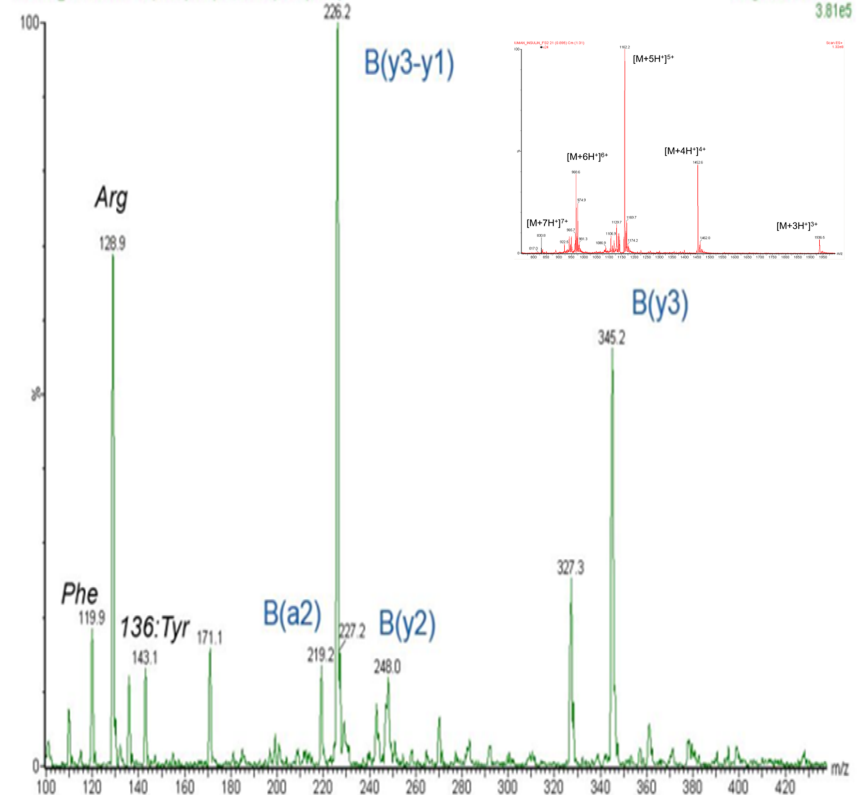


human

daughter scan insulin

INSULIN_DAU SCAN2 16 (0.536) Sm (SG, 2x1.00); Cm (13.24)

Daughters of 1453ES+
3.81e5

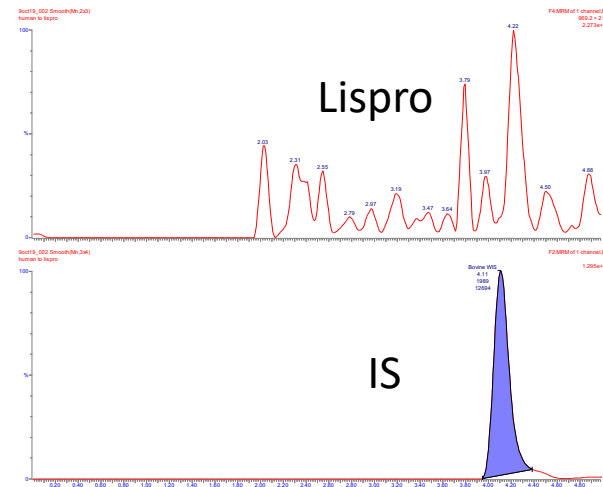
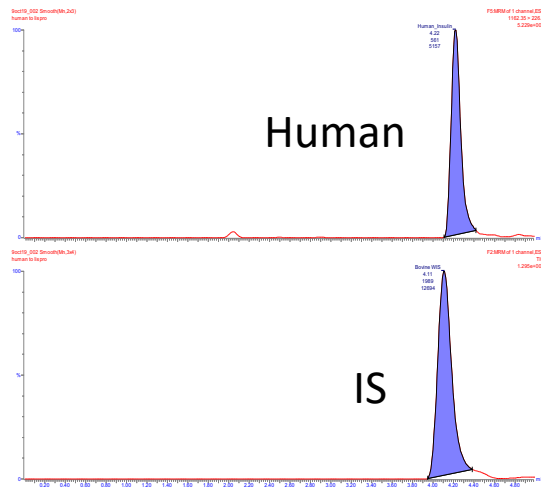


Need to use MS/MS to distinguish; cannot rely on mass of cluster alone
Potential for cross-talk?

Cross-reactivity experiments

Mass spectrometry provides specificity. Standards spiked into dog plasma and extracted by MSIA. Measuring human insulin and analogues against each other at high spiked levels

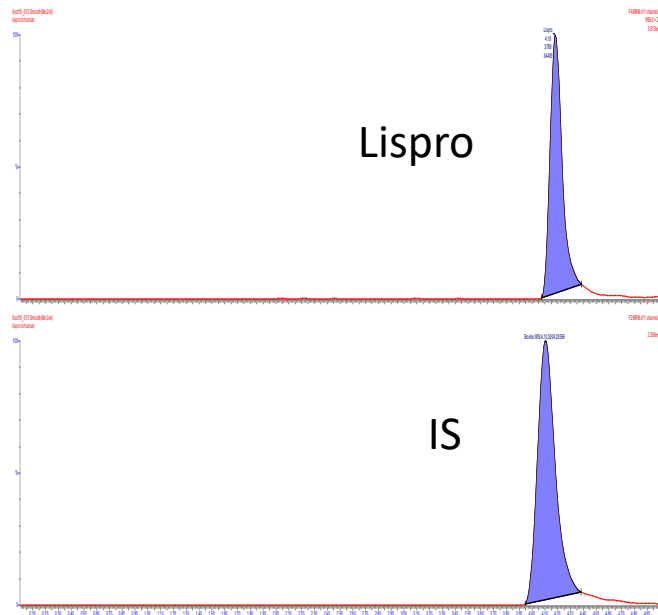
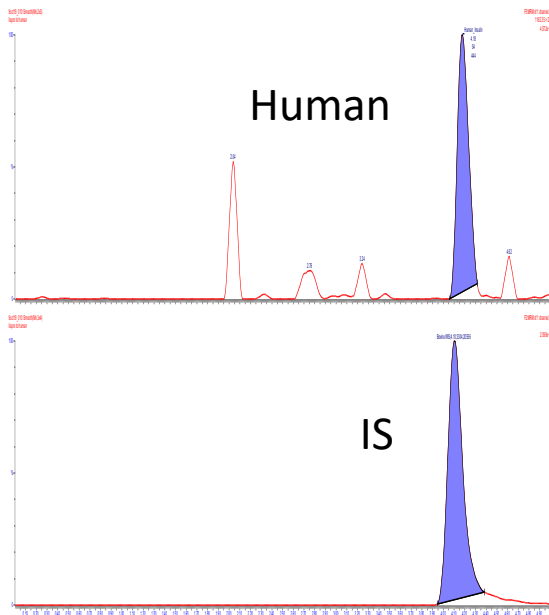
n=6



Example of human insulin 5000 pg/mL to lispro: no crossover
e.g. endogenous insulin will not interfere with lispro quantitation

Cross-reactivity experiments

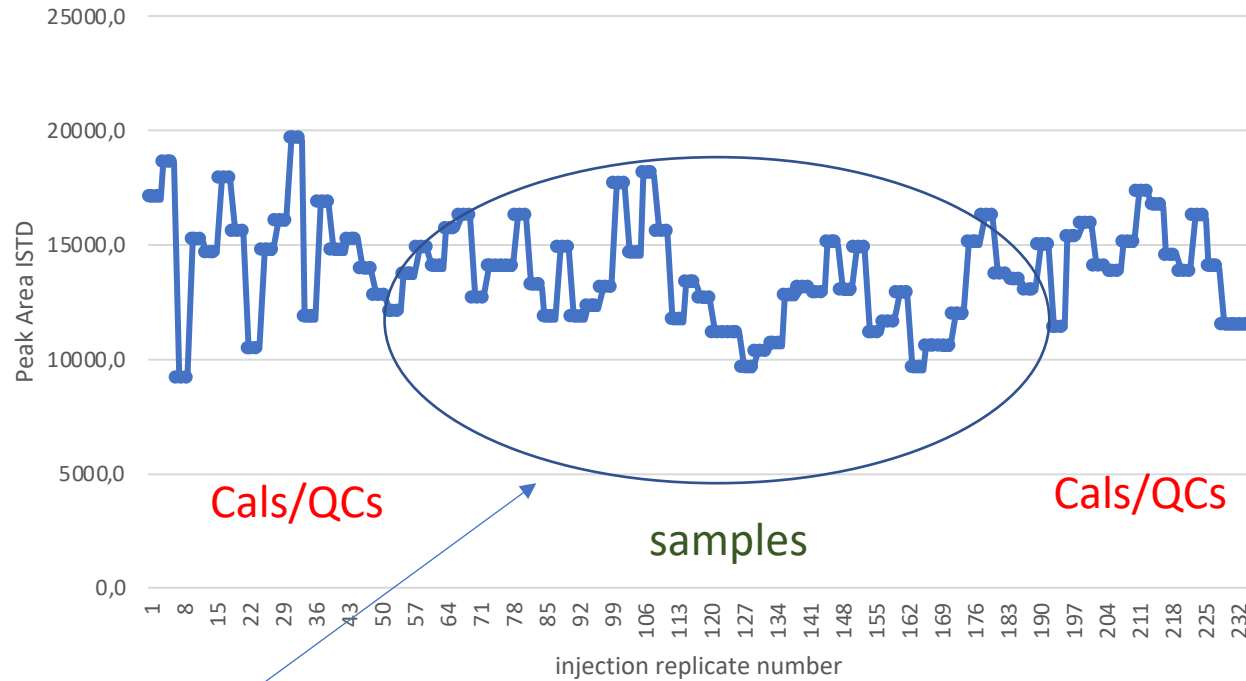
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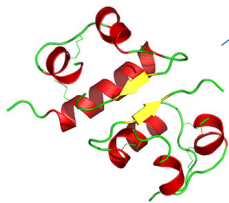
Lispro to human insulin: minimal crossover. 5000pg/mL lispro gives human signal equivalent to about 50% of human insulin LLOQ.
(ie **can quantify endogenous insulin in presence of lispro**)

Insulin analogues clinical insulins Study: Effect of induced antibodies (Immunogenicity)

ISTD vs Injection Replicate

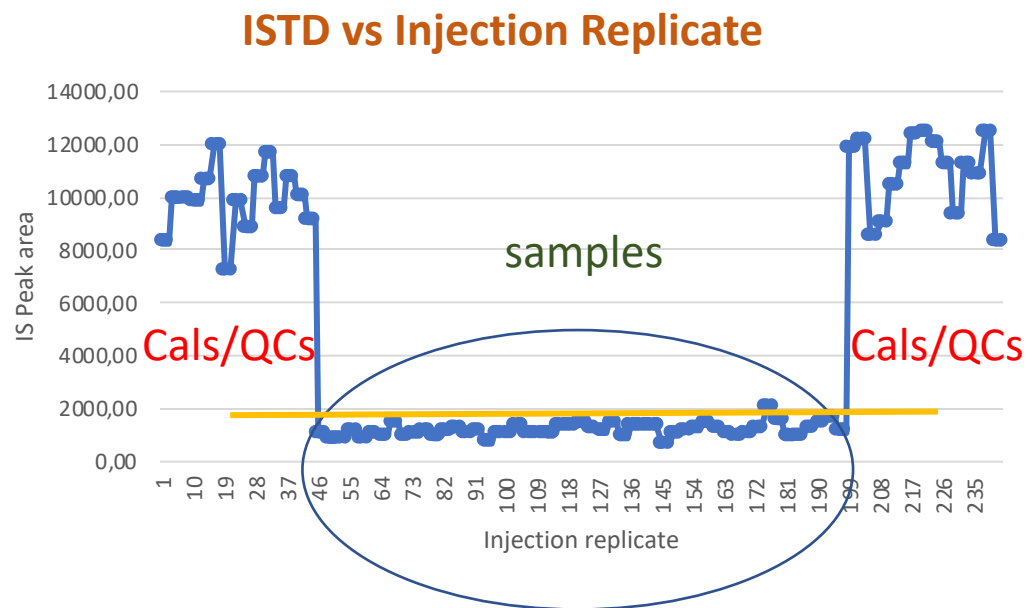


example of a normal result: IS recovery is consistent



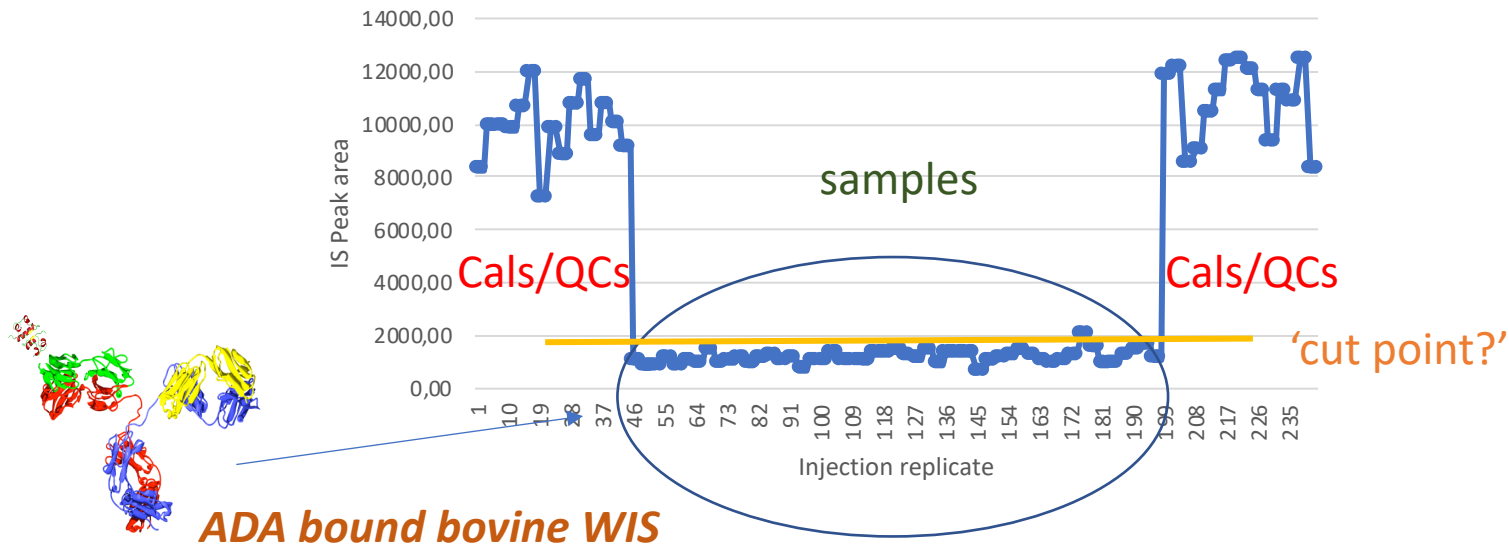
free bovine WIS

Clinical insulins Study: Effect of induced antibodies



Clinical insulins Study: Effect of induced antibodies

ISTD vs Injection Replicate



ADA positive subject: Internal standard recovery is heavily compromised for this patient. This is due to the presence of **induced anti-insulin antibodies (ADA)** in the sample.

ADA effects can occur in diabetic patients (**also affect purely physicochemical assays e.g. SPE**), particularly where patients have previously taken animal insulins.

Samples are diluted to reduce effect and re-analysed.



Conclusions

Hybrid IA-LCMS assays are now common for large peptides, especially insulins, due to their specificity and sensitivity, and are frequently expected.

Pig plasma is a useful surrogate matrix for calibration lines for an endogenous human insulin LC-MS/MS assay

QCs can be prepared using plasma from healthy volunteers, diluted or spiked as necessary to create appropriate QC/Val samples

Assay is fully validated and cross-over effects from other insulins are unlikely; but need MS/MS to distinguish lispro versus human insulin

ADA effects have not been observed in healthy volunteers, but can be **observed in large trials with diabetic patients**: how to respond to this?

Thankyou for listening



Stephen Gray, Stuart McDougall, Paige Bellis, Hannah Gent,
Elizabeth Linsley, Carolyn Mailer, Polly Wight, Sheryl Atkinson