

# Assessment of capillary microsampling of blood in a healthy volunteer study

Pictured above: The structure of HIV.

Vera Hillewaert | EBF Meeting Barcelona | 21 November 2014

# Background

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- Compound for treatment of adults and children
- Available as regular tablet, only to be used for children above the age of 5 years
- New tablet was developed to be given to younger children

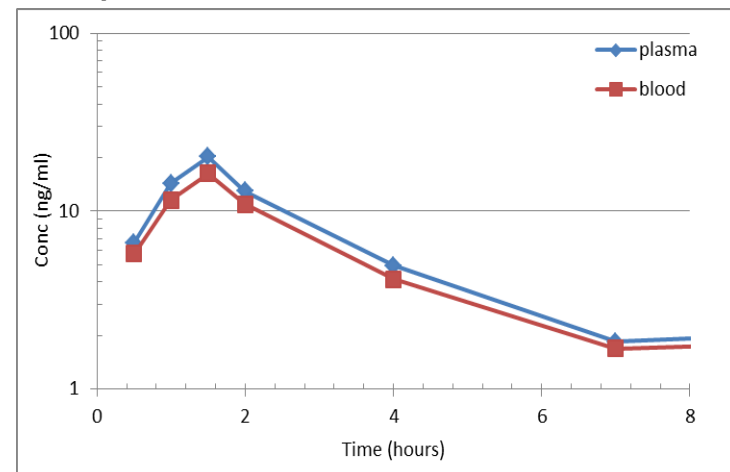
# The project

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- A phase III trial in children is planned in developing countries, using the new tablet
- PK sampling will be done, in children 1 – 16 years of age, at sites in remote areas
- Sampling needs to be done in a way that all participating sites can comply → team has decided to use capillary micro sampling and working with blood samples
- A method needed to be developed and validated to measure the expected concentrations in the 15 $\mu$ L blood samples that will be present in the capillaries

# Analytical methods

- Validated method for human plasma for parent drug (normal sample volumes) is available at CRO
- Additional requirement to establish method for human blood via capillary microsampling in-house
  - To gain some experience with this type of samples, satellite capillary blood samples were taken in dog study
  - Good correlation between plasma and capillary blood



# Analytical methods

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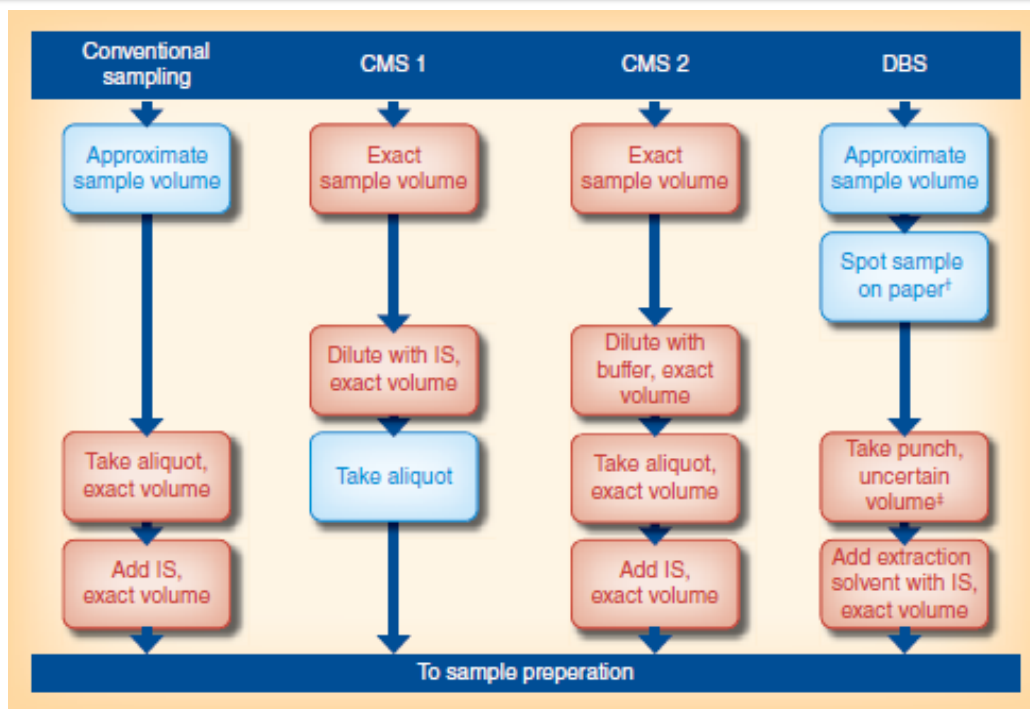
- Overview of analytical method:
  - Sampling in capillaries (15µl)
  - The capillaries are stored in Nunc™ tubes
  - BSA/Buffer is added in the tubes, tubes are shaken vigorously and centrifuged.
  - 100 µL of this solution is processed: IS is added, the aliquot is buffered and extracted with TBME over an Isolute fixed well plate
  - Range 1.00 – 1000 ng/mL
  - UPLC
  - API-4000

# Method validation

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- Carefully consider what to include in validation
- Extra testing of the diluted sample generated in the first step
  - F/T stability
  - Short term (4h on melting ice, 8h at RT)
  - Long term (up to 29 days)
- Reanalysis and ISR is done on the diluted sample, since the original (micro)sample is completely consumed in step 1 of sample processing

# Comparison conventional – CMS - DBS



**Figure 1. Sample transfer steps between sampling and sample preparation.**

Volume critical steps in red.

<sup>†</sup>Incorrect spotting might influence the results.

<sup>‡</sup>The actual blood volume in the punch will depend on the hematocrit and other factors influencing the viscosity of the blood.

CMS: Capillary microsampling; DBS: Dried blood spot; IS: Internal standard.

Lars B Nilsson, Martin Ahnoff, Ove Jonsson, *Capillary microsampling in the regulatory environment: validation and use of bioanalytical capillary microsampling methods*, *Bioanalysis* (2013) 5(6), 731–738

# Preparing for the Phase III study: Application in Phase I study as a pilot study

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- In a phase I food effect study, extra capillary sampling was added to get experience with the technology to be used in the upcoming phase III study
  - At each timepoint of the fasted arm, a capillary was filled out of the venous blood draw
  - At each timepoint of the fasted arm, a capillary was also filled via fingerprick

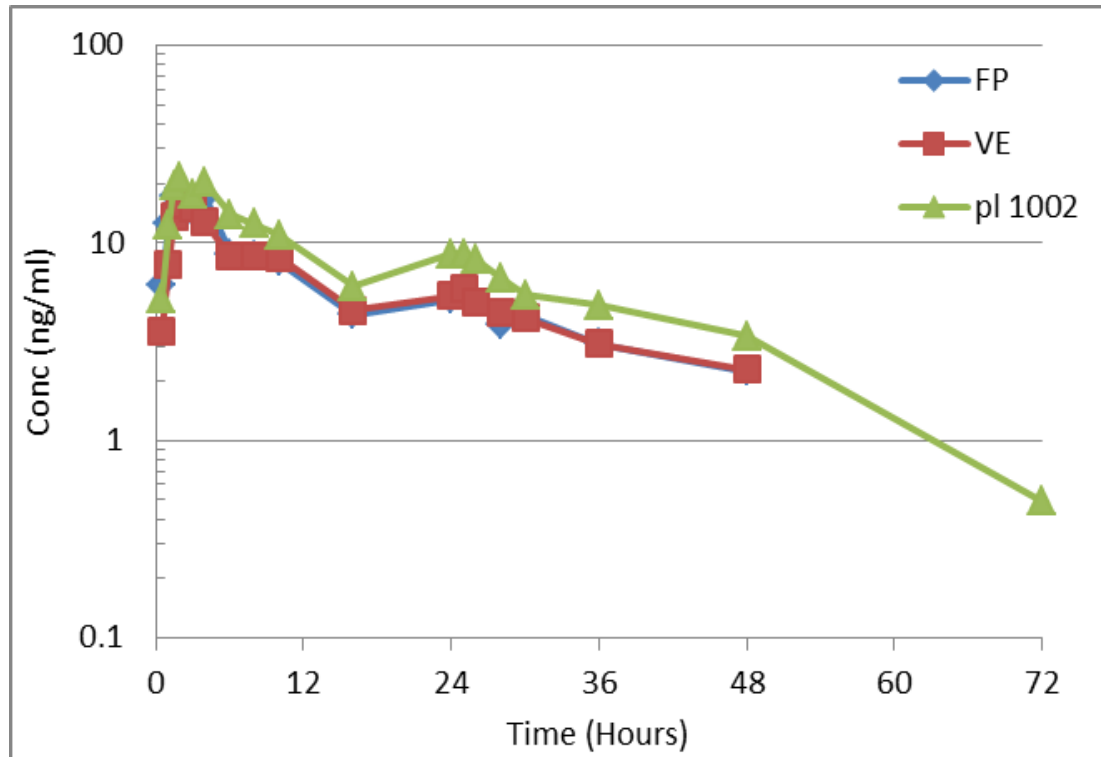


# Preparing for the Phase III study: Application in Phase I study as a pilot study

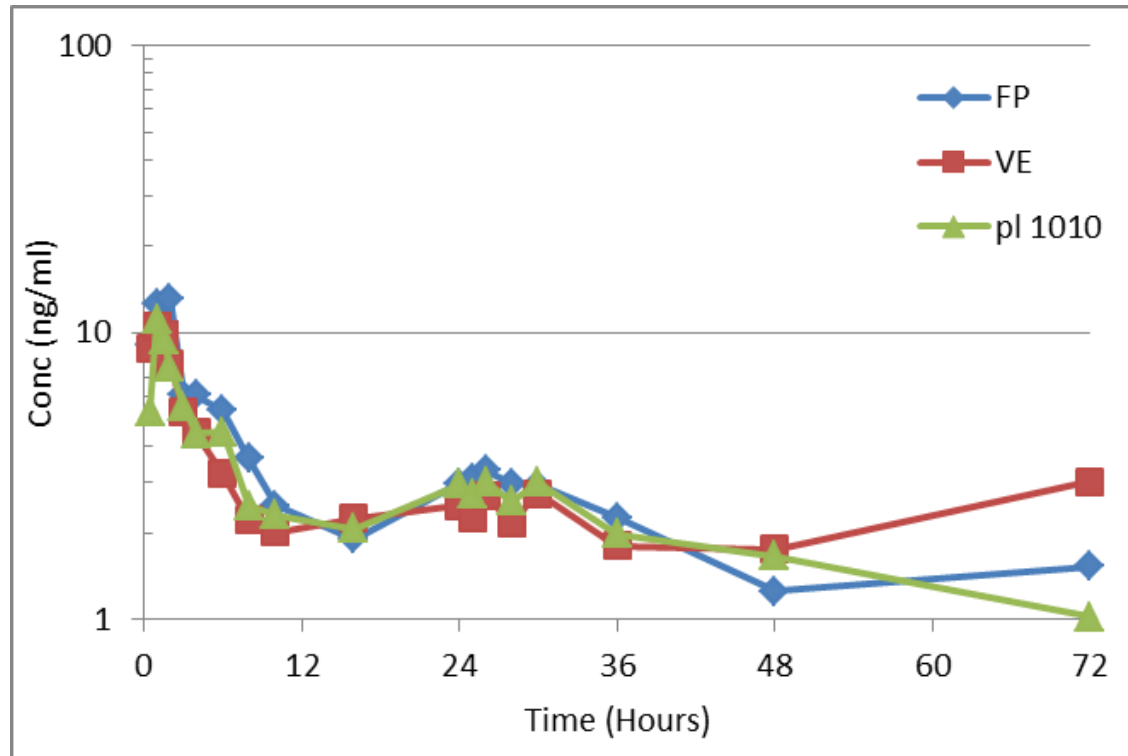
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- The results for the capillary blood samples taken out of the venous blood draw correlate well with the plasma results
- The capillary blood via fingerprick:
  - For about half of the subjects, the results correlate well with the venous capillary blood
  - For the other subjects, results of the fingerprick blood are much higher for some timepoints, with occasional outliers

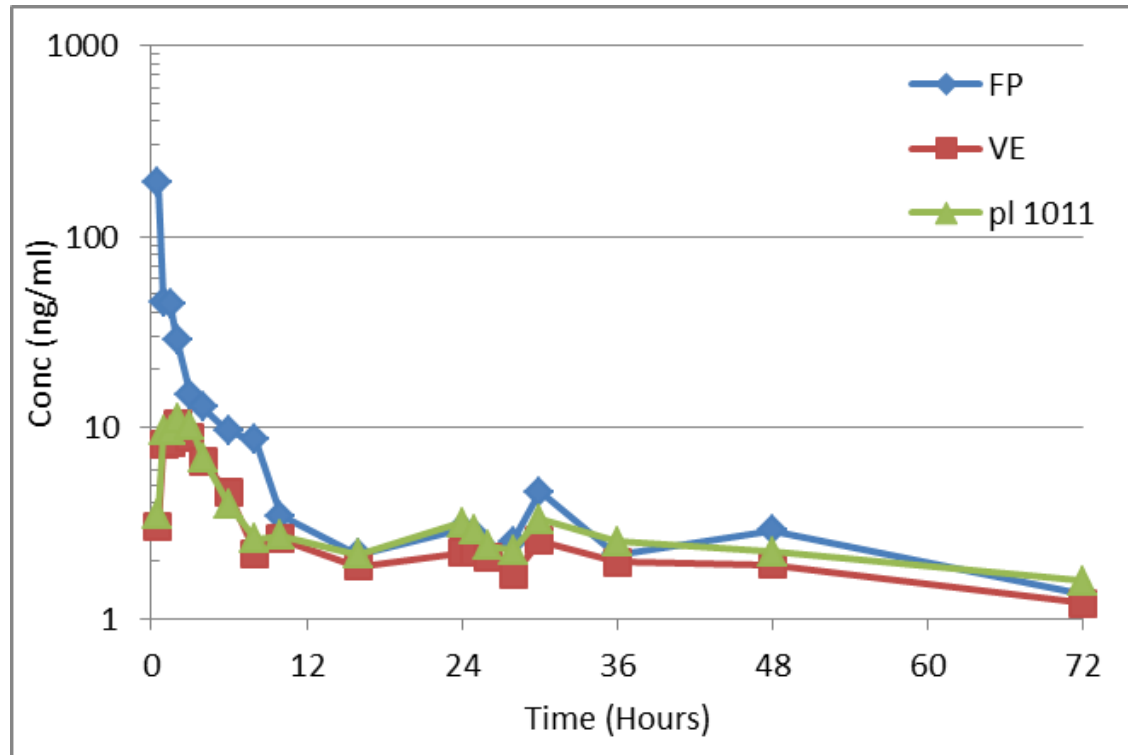
# Some examples



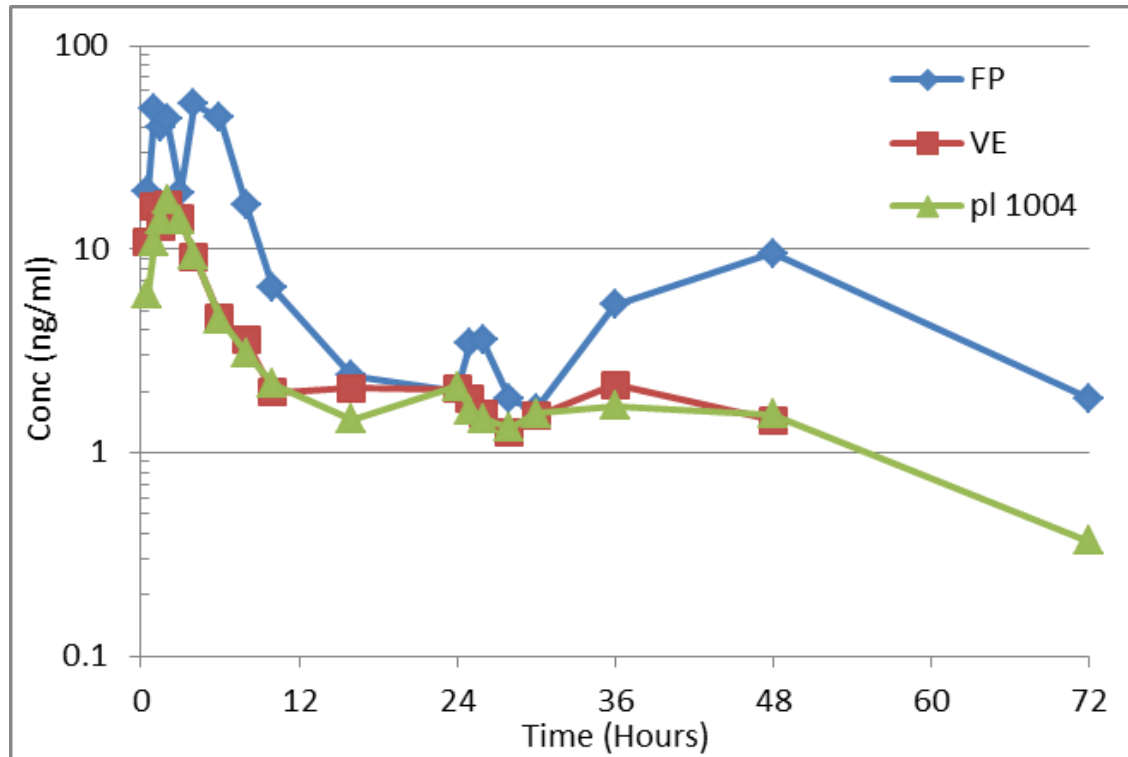
# Some examples



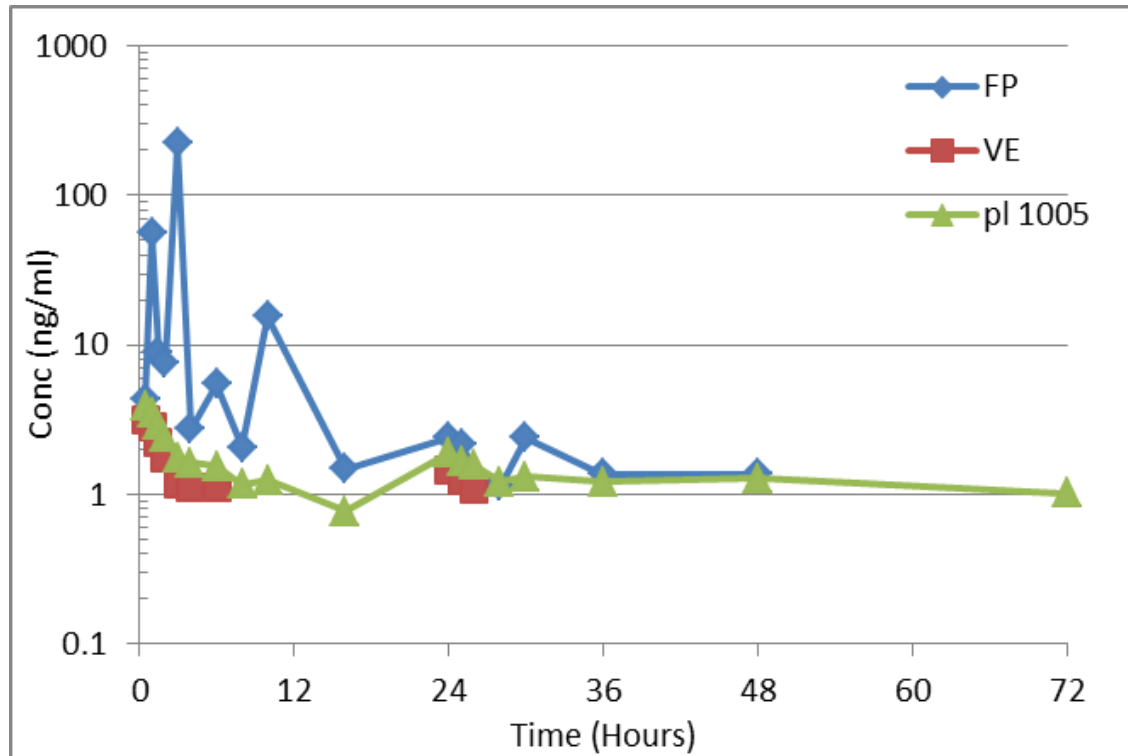
# Some examples



# Some examples



# Some examples



# Understanding the issue: root cause analysis

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- In the bioanalytical lab:
  - All capillaries looked the same during analysis
  - They were all emptied during step 1 of processing
  - Precautions were taken to avoid contamination
  - ISR confirmed high concentrations found
  - Chromatography was fine for all samples

# Understanding the issue: root cause analysis

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- At the clinical site:
  - How were the capillaries filled?
  - Did the same person fill the fingerprick capillary and the venous blood capillary?
  - Did the volunteers touch the medication?
  - Was the finger adequately cleaned?
  - Was it possible to touch the mouth after medication was taken? So in general, was contamination of the finger possible through touching, sneezing, ...?

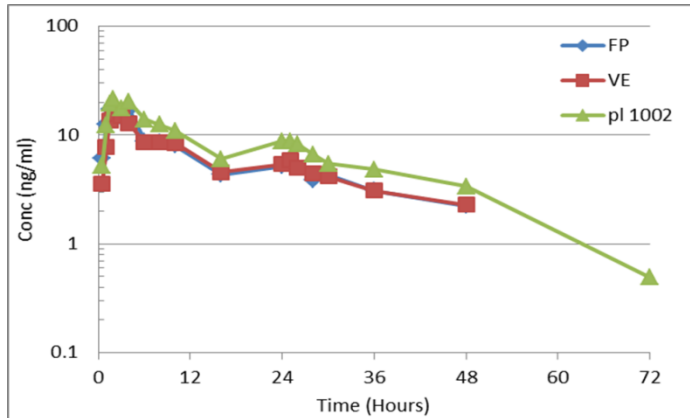


# Understanding the issue: root cause analysis

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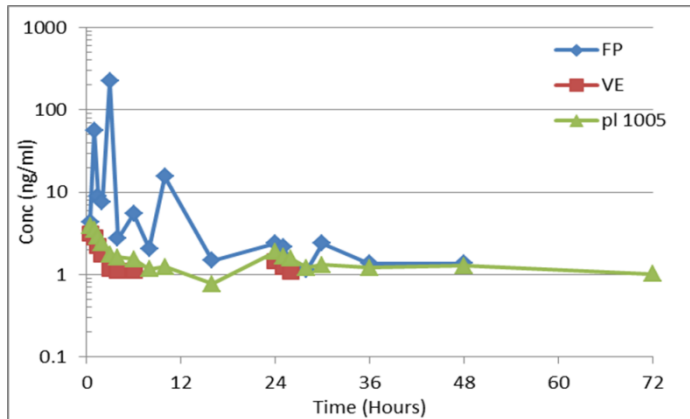
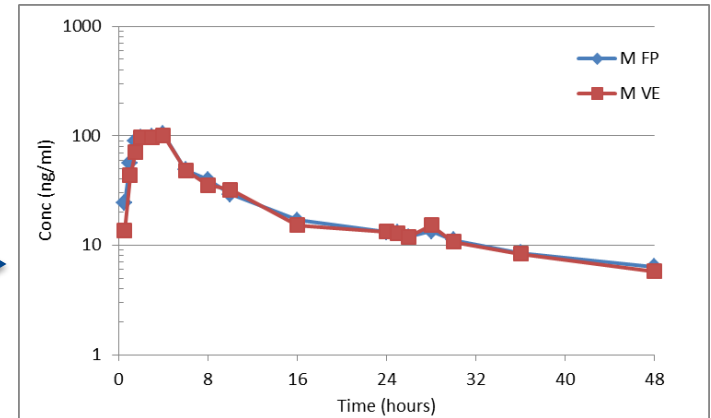
- Metabolism
  - Exploratory analysis of the presence of metabolites (hydrolyzed and reduced metabolite) in the samples
  - PK profile of the metabolites was similar in subjects with and without unexpected parent drug results

# Understanding the issue: root cause analysis



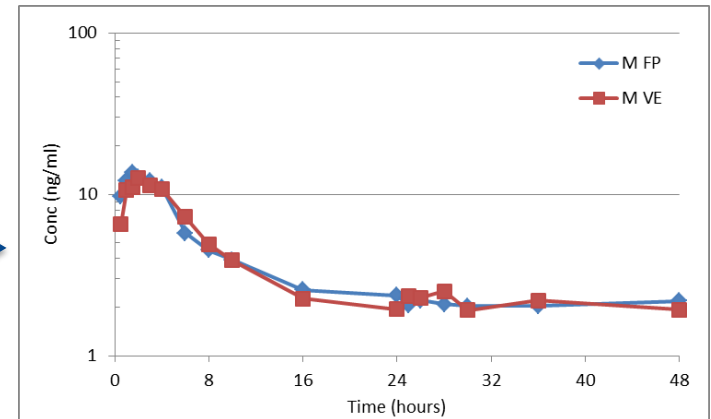
←  
Parent subject  
without outliers

→  
Metabolite subject  
without outliers



←  
Parent subject  
with outliers

→  
Metabolite subject  
with outliers



# Conclusions of investigations

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- No unexpected profile for the metabolites, this points in the direction of contamination
- Check in the bioanalysis lab suggests no contamination during sample handling
- Possibly contamination during sampling

# Conclusions from the pilot study

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- Capillary micro sampling technique as such worked very well in the study
- Volunteers found the technique not to be a burden
- The capillary blood subsamples taken from the venous blood were in line with the plasma samples, so technique looks applicable
- The unexpected high results for some of the fingerprick samples seem to point to contamination which needs to be further controlled

# Way forward in the Phase III study

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- How to avoid contamination in upcoming phase III study?
  - Fingerprick is the only possibility for sampling, heel prick is not possible in view of age and in view of the fact of walking barefoot
  - Extra precautions have been implemented
    - More thorough cleaning of the fingers before sampling
    - Changing of gloves
    - Making sure mouth is empty and cleaned after chewing the tablet
    - Prevent fingers touching the mouth

# Way forward in the Phase III study

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- How to deal with possible contamination?
  - Interim analysis will be performed after 5 subjects
  - Method will be established (scientific validation) to quantify the reduced metabolite, with the aim of disqualifying potential PK outliers for the parent drug
  - A priori criteria will be defined to allow decision if sample is contaminated and if we have a valid reportable concentration value.

# Acknowledgements

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# Questions??

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janssen

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